Grand Tour Route Mountain of Sanabria, from the Refuge of Laiol to the Refuge of the Odosia

Route Data

Origin of the route: Refugio de Laiol

Destination of the route: Refugio de la Odosia

Route code: GR 84

Journey: Journey

Way: On foot (4 h.)

Length: 13.3 km.

Ascent slope: 393

Difficulty of the route: High

Address

Lubián. 49361 Zamora.

Find out more

Other sites

https://patrimonionatural.org/senderos/listado

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