

Sabinares del Arlanza and La Yecla Natural Park



The Sabinares del Arlanza and La Yecla Natural Park, famous for housing the largest and best preserved juniper forests in the world. Explore junipers that are over two thousand years old, known as "juniper", along with oak forests, pine forests, rebollares and gall oak forests, representing traditional resource management systems.

It follows the course of the Arlanza River, one of the main tributaries of the Duero, flanked by a riverside forest with ash, alder, poplar and willow trees. Visit La Yecla, a deep, narrow gorge with walkways to explore, and the Ura Gorge, a popular route along the Mataviejas River.

Explore cultural and historical sites such as Covarrubias, the first city with an independent fortification license of the Kingdom of Leon, Santo Domingo de Silos and the Monastery of San Pedro de Arlanza. Discover the rich historical and natural heritage, as well as a refuge for birds of prey, including the Iberian imperial eagle and one hundred pairs of griffon vultures.

Discover this keeper of history!

ENVIROMENTAL AREAS

wildlife:

Griffon vulture, wolf, roe deer, wild boar, otter, wild cat, golden eagles, short-toed and bonelli, goshawk, peregrine falcon and gray partridge.

Relief:

Spectacular succession of folded structures on which two types of relief have been modeled.

Vegetation:

It highlights the forest of juniper juniper, the oaks, the rebollos and an important riverside forest in the Arlanza river. In addition, in Sabinares de Arlanza there are gorse, juniper, bearberry, sessile pine, laricio and resinero, and thyme.

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ENJOY THIS NATURAL SPACE

On foot and by bike

- **El Destierro BTT Route Stage 3**

Journey:	Linear
Way:	- By bike (5.09 h.)
Length:	61.4 kms.
Ascent slope:	880 m.
Descent slope:	990 m.
Difficulty of the route:	Low

[To know more](#)

- **Mataviejas Gorge**

The most important feature of this route is the large limestone canyon, a narrow and winding rocky gorge carved out by the Mataviejas...

Journey:	Linear
Way:	- On foot (1.2 h.) - By bike (0.3 h.)
Length:	6 kms.
Recommended:	- spring - summer - autumn - winter

[To know more](#)