

MTB Route Cistierna-Cremenes



The route starts in Cistierna northwards on the road that goes up the right bank of Esla River and continues for 24 kilometers crossing the city of Sabero too, where is the Museum of Ironworks and Mining of Castilla y León. It reaches Cremenes, located in one of the entrances to the Regional Park of Picos de Europa. We recommend this route from spring to autumn, avoiding periods of rain or snow.

Route Data

Origin of the route: Cistierna

Destination of the route: Crémenes

Journey: Lineal

Way: By bike (26 h.)

Length: 24.4 km.

Ascent slope: 330

Difficulty of the route: High

Road: 25

Forest Trail: 75

Address

Cistierna. 24800 León.