

## Stage 4: Guardo - Puente Almuhey



Almost the 90 percent of this stage, of 21 kilometers, passes by roads and forest tracks. It is recommended not to make the trip in the rainy season to prevent falls and difficulties while crossing areas of mud and puddles.

### Route Data

**Origin of the route:** Guardo

**Destination of the route:** Puente Almuhey

**Journey:** Lineal

**Way:** By bike (25 h.)

**Length:** 21.1 km.

**Ascent slope:** 230

**Difficulty of the route:** Medium-High

**Road:** 15

**Forest Trail:** 85

### Address

Guardo. 34880 Palencia.

### Section

#### Stage 4 - Section 1: Campondon - Guardo

**Journey:** Lineal

**Length:** 2.4 km.

**Difficulty of the route:** Low

#### Stage 4 - Section 1: Campondon - Puente Almuhey

**Journey:** Lineal

**Length:** 18.7 km.

**Difficulty of the route:** Medium-High

#### Stage 4 - Section 2: San Pedro de Cansoles - Guardo

**Journey:** Lineal

**Length:** 12.8 km.

**Difficulty of the route:** Medium-High

#### Stage 4 - Section 2: San Pedro de Cansoles - Puente Almuhey

**Journey:** Lineal

**Length:** 8.3 km.

**Difficulty of the route:** Medium-High

#### Stage 4 - Section 3: Valcuende - Guardo

**Journey:** Lineal

**Length:** 15.2 km.

**Difficulty of the route:** Medium-High

#### Stage 4 - Section 3: Valcuende - Puente Almuhey

**Journey:** Lineal

**Length:** 5.9 km.

**Difficulty of the route:** Medium