

Stage 10 - Section 3: Murias de Ponjos - Pobladura de las Regueras



Route Data

Origin of the route: Murías de Ponjos

Destination of the route: Pobladura de las Regueras

Journey: Lineal

Way: By bike (175 h.)

Length: 17.6 km.

Ascent slope: 400

Recommended: Spring, Summer, Autumn

Difficulty of the route: Medium

Road: 45

Forest Trail: 55

Address

Murias de Ponjos (Valdesamario). 24127 León.