

## Stage 5 - Section 3: La Llama de la Guzpeña - Cistierna

|                                 |  |
|---------------------------------|--|
| <b>Journey:</b>                 | Linear                                       |
| <b>Way:</b>                     | - By bike (2.25 h.)                          |
| <b>Length:</b>                  | 22.1 kms.                                    |
| <b>Ascent slope:</b>            | 230 m.                                       |
| <b>Recommended:</b>             | - spring<br>- summer<br>- autumn<br>- winter |
| <b>Difficulty of the route:</b> | Medium                                       |
| <b>Route:</b>                   | From La Llama de la Guzpeña to Cistierna     |

Avoid carrying out this section in rainy seasons.

### ADDRESS AND MAP LOCATION

- **Postal address** Llama de la Guzpeña (Prado de la Guzpeña). NaN. León