

CASTILLA Y LEÓN'S GREAT CYCLING ROUTES



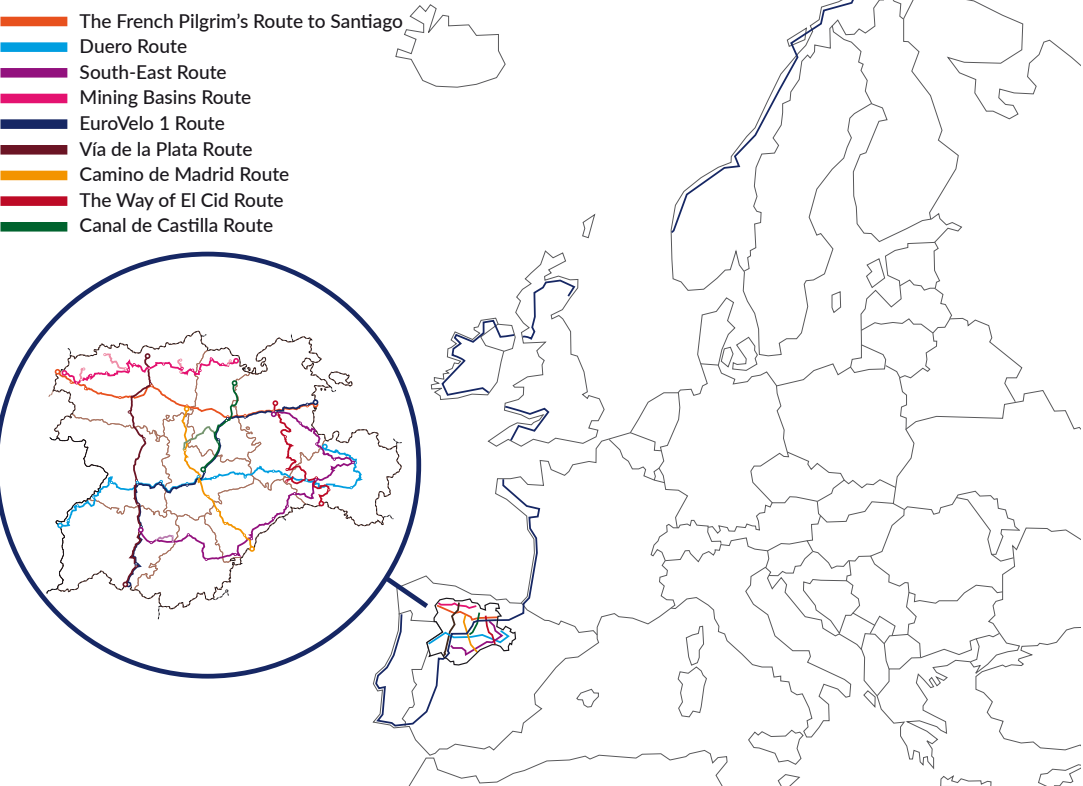
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CASTILLA Y LEÓN'S GREAT CYCLING ROUTES

This booklet provides information on Castilla y León's 9 GREAT CYCLING ROUTES. These nine routes are perfect for anyone who wishes to combine tourism, nature, culture and sport, pedalling along at their own pace.

Getting to know Castilla y León by bicycle, as well as being a healthy, sustainable and ecological form of tourism, is an opportunity to support local businesses as well as a chance to learn about the land and its culture. Nine routes aim to dynamise our region, encouraging tourism throughout the various provinces of Castilla y León.

Each of the routes described here travels through a minimum of two provinces, with some crossing five provinces in total. They connect Castilla y León's provincial capitals with each other as well as to the region's rural areas, creating a large network of cycle-tourism routes that will allow you to discover its cultural, gastronomic and oenological richness sustainably.

You will be able to cycle along 9 long-distance cycling routes, with a minimum of 200 kilometres each, at your own pace. All the routes are based on existing historical roads, ensuring their continuity. Castilla y León's 9 GREAT CYCLING ROUTES allow you to enjoy the breadth and richness of what Castilla y León has to offer and which constitute 9 very convincing reasons to get out of the house and onto your bike to ride along any one of our routes and back again.

Information and route tracks: www.turismocastillayleon.com/en/onbike



EUROVELO 1 PROJECT ATLANTIC COAST ROUTE

Through the Interreg Programme of the Atlantic Area "AtlanticOnBike Project", the Junta de Castilla y León has worked in the conditioning and promotion of the EuroVelo 1 Atlantic Coast Route. Twenty-two members from six countries (Norway, United Kingdom, Ireland, France, Spain and Portugal) collaborated in this project, along with five Autonomous Communities (Navarra, La Rioja, Castilla y León, Extremadura and Andalucía) and the Cooperation Network of Towns on the Via de la Plata Route. They have all helped to expand bike tourism across Europe, working to turn this transnational EuroVelo route into a world-class cycling destination. Apart from the Mining Basins Route, all the routes in this publication link to the Spanish section of the EuroVelo 1 route.

EUROVELO 1 ATLANTIC COAST ROUTE IN SPAIN



SIGNPOSTING

The Mining Basins Route, South-East Route, EuroVelo 1 Route, Duero Route and Via de la Plata Route are fully signposted following IMBA España's signposting criteria.

The EuroVelo 1 route signs consist of wooden marker and informative panels.

Informative panels are located at municipal borders and show the route layout through urban centres.

In terms of directional signs, the IMBA signposting system is used. The orientation of the pictogram indicates the direction to be followed (straight on, right or left) as well as alerting cyclists when going the wrong way or warning of any possible dangers.

Information and route tracks: www.turismocastillayleon.com/en/onbike and www.eurovelo1spain.com/en



