





Posada Rural Linar del Zaire, Burgohondo, Ávila

POSADAS REALES: A MARK OF EXCELLENCE IN RURAL TOURIST ACCOMMODATION IN CASTILLA AND LEÓN

Castilla and León boasts the widest offer of rural tourist accommodation in Spain. In the total more than 4,1000 sites, the standout places are the hotels in the countryside and Posada hotels in historic buildings participating in the **"Posadas Reales"** mark of tourism excellence.

The growing demand for accommodation away from the hustle and bustle of cities, away from mass tourism, that still offers quality service in safe and sustainable settings has seen the growth of **"Posada Real"** as an option for all types of tourists to use as a base to enjoy the range of destinations on offer in the region with the added guarantee of staying in wonderfully charming and charismatic accommodation.

Tourists are simultaneously more demanding and keen to make the most of their free time. They want charm, facilities, services, personalised customer service, and a wide variety of leisure activities.

Every **"Posada Real"** offers a range of services that make every stay a unique experience. They are to be found all across Castilla and León and are located in towns with a great deal of history and monuments and in stunning natural settings. Their traditional architecture blends into the surrounding countryside perfectly.

What's more, **"Posadas Reales"** offer extensive, unique eating options, which are tailored to the most typical produce in every county of **Castilla and León**. There are accessible posadas reales, others accept pets, others are part of wine routes and offer wine tours and guided tastings, food events, mushroom tourism, and more.

You can also take advantage of the activities offered at the hotels themselves and by other businesses in the local area, whether you are looking for environmental or cultural activities. For more active pursuits, there are adventure parks, hiking, horse riding, kayaking, hot air balloon rides, and endless other options. If you prefer slow tourism, you just need to pick the season, fireplace or pool and spa or both! Lastly, for celebrations and MICE events, some posadas reales specialise in this area and are always a great option.

The Posadas Reales are waiting for you!!!











Castilla y León, "Parece que la conoces, pero no"



GASTRONOMY PASSPORT OF THE WAYS OF SAINT JAMES

The gastronomy associated with the Ways of Saint James is another fundamental attraction of these ancient routes. This GASTRONOMY PASSPORT OF THE WAYS OF SAINT JAMES is an opportunity for you to discover the variety and quality of the traditional and contemporary dishes you will find along these pilgrimage routes. Delicious recipes made with local produce, the results of the hard work and dedication of magnificent professionals, which are guaranteed to surprise and delight as much as the vast wealth of monumental and cultural heritage, traditions and history you will encounter along the Ways of Saint James.

Using this Passport is a great option, not only because it includes special offers and advantages at restaurants, gourmet and local craft stores along the Way of Saint James, but also the chance to take part in the prize draw for a selection of products and stays; all you have todo is stamp your passport at participating establishments and send it to us.

Customers can stamp their passports at the restaurants and bars, when they order the Jacobeo menu or other items on the menu, or when they purchase items in participating local gourmet food and craft stores.



Aranda de Duero has been awarded the title of European Wine City 2020 by RECEVIN, competing with incredible places like Haro, Rueda or La Palma del Condado. Due to the exceptional situation that happened in 2020, it has been extended during the years 2021 and 2022.

In the centre of the extensive fertile plain irrigated by the river Duero, lies the capital of the no less extensive riparian region: Aranda de Duero.

Repopulated in the 9th century, the name of this Castilian city appears for the first time in the Council of Husillos held in 1088. However, it already had very ancient settlements from whose languages it takes its name, Aranda, which means "wide plain", while Duero comes from the river's name. In the 13th century, Sancho IV and Pedro I had already granted the town the privilege of royal status, a status that the people of Aranda never wished to relinquish. Proof of this was demonstrated when, during the reign of Fernando IV, Diego López de Haro wanted to take over the town. The tower of the church of Santa María, built in the 12th century as a defensive feature of the town, bears witness to such courtly intrigues.



Court in the reign of Henry IV, where Archbishop Alfonso Carrillo convened a Council in 1473, held in the church of San Juan. Loyal to the cause of Princess Isabella for the succession to the crown, at the end of the 15th century, beginning of the 16th century, the façade of the church of Santa Maria, on which the royal coats of arms can be seen, among other works, was built.

The church, built in the 15th century in the Gothic style, is home to a 17th century altarpiece and a beautiful Renaissance pulpit, carved by Miguel Espinosa and Juan de Cambray, among other works of art.

Also Gothic, although earlier than Santa María, is the church of San Juan. The façade is adorned with a portal of pointed arches supported by delicate spires, and a later image of Saint John the Baptist. In the chapel of the Calderonas you can see a Plateresque altarpiece, with paintings by an unknown artist from the early 16th century.

<u>TOURISM IDEAS IN CASTILLA Y LEÓN</u>





Basílica de San Vicente, Ávila

One of the most emblematic monuments in Ávila, which is a must-see for anyone visiting our beautiful town, is the Basilica of San Vicente. Located beyond the city walls and built in caleño granite, it was constructed in honour of the martyr saints Vicente, Sabina, and Cristeta on the site where tradition states they were martyred and buried. It held the status of iglesia juradera (a church where court cases could be held) and stands as one of the finest examples of Romanesque and Gothic architecture and sculpture. It boasts a magnificent semi-circular arch portico, monumental Gothic portal entrance, the chapels with prominent capitals telling the story of the chancel, the southern cornice, and the eastern and southern façades. Inside, the arrest, sentencing, and martyrdom of the saints is depicted on the impressive cenotaph. The central chapel, in the presbytery, houses the image of the Virgen de la Soterraña, the patron saint of Ávila.



LA OLLA PODRIDA, BURGOS

This is the star stew dish in Burgos cuisine, ideal for these winter months when the cold sets in in our region. It takes its name from the traditional dish it's cooked in and the fact that it is a hearty dish that is suitable for the winter, as it roughly translates as "powerful pot". Various theories account for its odd name, although it is usually accepted that it comes from olla poderida (pot of the powerful) in allusion to the fact that only the wealthy were able to afford such a rich dish or the "powerful" ingredients that make it up, which give those who eat it energy and strength. This is a very old dish. Indeed, writers from the Spanish Golden Age such as Cervantes and Calderón de la Barca mention it. The main ingredients are Ibeas kidney beans, accompanied by strong meat produce such as a variety of morcilla blood sausage made with rice, chorizo, pork ribs, bacon, pig ear and snout or trotters. The Kidney Bean Festival is held in Ibeas de Juarros in November.





Alubias rojas de Ibeas de Juarros, Burgos



Hayedo de Cofiñal, Leór



A WALK THROUGH THE BEECH WOODS OF THE CANTABRIAN MOUNTAINS IN LEON

There are many beech woods in the Central Leon Mountains which dazzle with their wide range of colours in autumn. The most well-known is unquestionably the Faedo de Ciñera de Gordón, an easy stroll that takes just two kilometres to reach and stretches a total of six. It is home to a centuries-old beech known as "Fagus" which makes this a magical forest. In the valleys of Gordón we can also visit the beech woods of La Boyariza, nestled between the villages of Geras and Carbonera, an impressive, well-signposted trail that runs along a stretch of the left bank of the River Casares. Towards Vegacervera, in the town of Matallana de Torío, the Orzonaga beech wood offers an easy path with wonderful specimens all along the trail. Very close by, in Vegacervera, next to the famous cave which presents us with a dreamlike vision of the karst landscape, is the start of an easy and mostly flat trail that leads to another beech wood. Continuing on north, in the town of Cármenes, we come to a beech wood that starts in the village of Canseco and sprawls towards Pontedo in an approximately eight kilometre-long path in the River Torío basin. Lastly, in Llamazares, close to the Coribos caves, we reach the final beech wood, Bodón, where the colours of the forest and the mountains make for spectacular views of the landscape.

THE MONASTERY OF SANTA CLARA DE ASTUDILLO, PALENCIA

The Santa Clara convent was built in the 14th-15th century. It was founded by María de Padilla. This is one of the most impressive sites of Mudejar art in the province of Palencia which includes the main facade and carved plaster reliefs in the same style decorating a large part of the monastery. It was declared a National Monument in 1931 and a Site of Cultural Interest in 2005. The convent is home to cloistered nuns but a large number of the rooms can be visited such as the magnificent Gothic-Mudejar church, the choir-mausoleum, the tower, the courtyard and water pool, and the beautiful and extensive museum (which also has a stunning collection of almost 2,000 nativity scenes from all over the world) enclosed by ornate wood-panelled ceilings in what was once part of the old Palace of Pedro I (the Cruel for some and the Just for others). A wonderful visit that should be rounded off by picking up the tasty pastries that the nuns make by hand which a true "heavenly delight". Winter opening hours: Tuesday to Sunday: 11:00-13:00 and 16:30-18:30 (please confirm at Christmas time). Masses: Sunday and festive days: 09:00, daily: 08:30. General entrance fee €4, discounted €2, free on Fridays Tel: (+34) 979 822 134.



Santa Clara, Astudillo, Palencia







EL BOLLO MAIMÓN, SALAMANCA

El Bollo Maimón is a delicious sweet from Salamanca which is also known as a wedding ring, as it used to be a necessary part of the ceremony when the newlyweds danced the classic "ring dance" around it. The Bollo was then shared out amongst the guests at the reception with sweet wine or aguardiente liquor. It is still a very common feature in the romería processions of many towns as an offering to statues of the Virgin Mary and Jesus, with an auction for them held after the traditional dancing. The sweet itself is a tall, very springy sponge with the typical hole in the middle, which is created by using a cylindrical contraption called a "maimona", which is where the name comes from. It is usually served with a dusting of icing sugar or decorated with sugar flowers. To make it so tall, starch is used instead of flour and rather than using yeast to get it to rise, two egg whites beaten until stiff are added to the mixture.



CARBONERO EL MAYOR, SEGOVIA

Located in the west of the province, the town takes its name from the charcoal manufacturing (wood burnt in an incomplete process of combustion) that took place there and "El Mayor" was added later to distinguish it from other nearby places such as "Carbonero de Ahusín". The attractions we can take in include the church of San Juan Bautista, the shrines of San Miguel de Quintanas and Santa Águeda, the church of Nuestra Señora de la Asunición, the 15th century Isabelline-style Sello Palace, and the shrine of Nuestra Señora del Bustar, where the two romería processions are held; one is on the Saturday before Pentecost and the other, the "Fiesta Grande", is in September. The crown jewel of Carbonero is unquestionably the 16th century altarpiece. Housed in the high altar of the church of San Juan alongside twenty-one panels of Flemish and Italian influence, it is thought to be from the workshop of Ambrosio Benson and one of the finest altarpieces in Renaissance Castilla. Make sure to visit the square, where you can see an Asian tree, a Ginkgo biloba. If you go in autumn, you will be easily able to identify it by its intense yellow colour. And the food is also a must: ham, chorizo, and delicious homemade pastries.





tablo Iglesia de Carbonero el Mayor, Segovia (Cedida Prodestur Segovia)

RELLO, SORIA



Perched on a limestone crag in the River Escalote gorge, the streets, monuments, and manors form a place that has been a Site of Cultural Interest and a Historic-Artistic Site since 2001. Rello is a walled town whose wall protects the town and allows us the chance to travel back in time as it is magnificently well preserved. A stroll through the streets takes us on a journey to Medieval times. As we pass through the gateway to the town which bears the heraldic crest of Lorenzo Suárez de Mendoza, we set off on a journey that will show us manors and mansions, the 17th century church, there is also a castle at the end of the wall which may have been built in the 15th century, and when we reach the square we find the Rollo Jurisdiccional or iron pillory column where we can read "El rollo de Rello es de hierro" (the pillory in Rello is iron) on the base, a saying which became a popular tongue twister. Another point of interest is that if we look beneath the wall we can see a circular tower, the "Water Tower", which was used to collect water from the River Escalote. Beyond the walls we can also find a small shrine. This Soria village offers an astonishing tour of the Middle Ages and a visit here will live long in the memory.



Tapas are small portions of food served with drinks in bars and restaurants and have become a traditional symbol of Spanish cuisine. The origin of tapas dates back to the Middle Ages, there are several legends on how the tradition started. One of them is that King Alfonso XII ordered a drink and as it was windy at the time the waiter placed a slice of ham over the glass as a "tapa" (cover) as he was worried some dirt might get into the drink. So deep does the tradition run in Spain that in 1936 the word tapa was accepted by the Real Academia Española, the institution that governs the Spanish language, and tapas have evolved so much that they are no longer a mere accompaniment to a drink and are now true works of art. In Valladolid, every year since

GOING OUT FOR TAPAS IN VALLADOLID



2014, the pinchos (tapas-like portion served on a stick) and tapas competition has been held, which places the city as one of the leading destinations for this culinary craft. Chefs from all over the world take part and once the competition is over, the tapas from the final can be sampled in bars and restaurants in the city.





Micologia zamoran (cedida Pedro Gómez Turiel)



Zamora conjures up flavour, beauty, quality, welcoming people, and unique sensations. In the sensations inspired by the hills we have mushroom picking, family days out hunting for mushrooms and good food. With over 500 documented species, the province of Zamora is home to one of the biggest mushroom industries in Spain. Every year, especially in autumn and spring, mushroom associations, institutions, and the hospitality sector offer visitors different options for unique mushroom-based experiences. Visitors can purchase two-day leisure permits for €10 that will allow them to visit mushroom areas participating in the project to collect up to 3kg of mushrooms a day. Explore the excellent range of mushroom restaurants or if you want to learn about less wellknown species from experts, you can hire accredited mushroom guides. Mushroom events, the mushroom museum in Rabanales, trips to the countryside, and weekends of mushroom cuisine, with delicious set meals at highly recommended prices, are just some of the many options on offer from the regulated area in the province of Zamora.

MYCOLOGY IN ZAMORA

Remember, in Castilla y León, you'll find everything and more... WE CAN'T WAIT TO SEE YOU!!!

LAS POSADAS REALES DE CASTILLA Y LEÓN PROPOSALS





For a fully immersive experience involving the nature and authenticity of Castilla y León, we recommend Las Posadas Reales, our high-quality rural tourism brand! Not only will you stay in singular buildings, but excellent accommodations and service are guaranteed! They are the perfect place to stay for an unforgettable experience, immersing yourself in all the activities, heritage and nature of Castilla y León.



POSADA REAL EL LINAR DEL ZAIRE

www.ellinardelzaire.com

info@ellinardelzaire.com

<u>Ávila</u>

POSADA REAL TORRE DEL MAYORAZGO
 www.torremayorazgo.es
 reservas@torremayorazgo.es

POSADA REAL LOS CINCO LINAJES

POSADA REAL QUINTA DE SAN JOSÉ

History and Gastronomy: Get to know Arevalo and its relationship with Queen Isabel la Católica, and enjoy TOSTON in our restaurant. www.loscincolinajes.es info@loscincolinajes.es

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The base of operations to know all of León and its wines.

Burgos

POSADA REAL HOSPEDERÍA CONVENTO SAN FRANCISCO http://www.conventosanfrancisco.es/

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<u>León</u>

HOTEL RURAL EL RINCÓN DE BABIA
 www.elrincondebabia.com
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POSADA CASA DE TEPA

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Palencia

Salamanca

POSADA REAL SANTA MARIA LA REAL

Discover the best architecture of romanic church in Europe with guide. <u>https://www.posadasantamarialareal.com</u> <u>reservas@alojamientosconhistoria.com</u>

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• POSADA REAL LA PASCASIA Estancia romántica en Sanabria. <u>http://www.lapascasia.com/sorpresas.html</u> <u>lapascasia@gmail.com</u>	HOTEL RURAL LA YÉNSULA www.layensula.es reservas@layensula.es
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RUTAS DEL VINO DE CASTILLA Y LEÓN PROPOSALS





Nature is certainly one of the biggest attractions of Las Rutas del Vino de Castilla y León. Hundred year-old vineyards are surrounded by fairytale scenery where flora and fauna coexist in perfect harmony, creating a magical horizon full of contrasts.

Natural, warm and welcoming spaces give our wine and people a unique personality. Nature parks, protected spaces, rivers, tracks and trails will allow you to leave your worries behind and reconnect with yourself. It's nature in its purest form.



• ARLANZA WINE ROUTE

Feel the essence of Castile with the Arlanza Wine Route. Heart of a land where the history of wine travel through time <u>https://www.rutadelvinoarlanza.com/es/en/arlanza-wine-route/</u> info@rutadelvinoarlanza.com

ARRIBES WINE ROUTE

A paradise sheltered between granite canyons and metamorphic rocks, known as arribes, arribas or arribanzos, the banks which outline the Douro River. <u>https://www.rutadelvinoarribes.com/?lang=en</u> <u>hola@rutadelvinoarribes.com</u>

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BIERZO WINE ROUTE

Wines with their own personality, Nature, Medieval architecture, Major towns, Way of Saint James. We have plans for you!!!! <u>https://bierzoenoturismo.com/en/</u> info@enoturismoenelbierzo.com

• CIGALES WINE ROUTE

Do wine tourism in the Campiña del Pisuerga, with our underground cellars, wine castles, Castilla Waterway (Eurovelo 1) and the <u>GR296 Trail</u> <u>https://www.rutadelvinocigales.com</u> <u>info@rutadelvinocigales.com</u>

• **RIBERA DEL DUERO WINE ROUTE**

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• RUEDA WINE ROUTE

Extensive historical and gastronomic legacy. The Castilian landscape, characterised by its green fields and pine forests, changes in this Route. https://www.rutadelvinoderueda.com/en/

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<u>SIERRA DE FRANCIA WINE ROUTE</u>

Integrated within the Biosphere Reserve of the Sierras de Béjar y Francia and the Natural Park of the Sierra de Francia Batuecas. <u>https://rutadelvinosierradefrancia.com/?lang=en</u> <u>info@rutadelvinosierradefrancia.com</u>

• TORO WINE ROUTE

Our countless heritage, our wines, our gastronomy, and our people who welcome you with open arms, an experience that leaves its mark. <u>https://www.rutavinotoro.com/en/home-toro-wine-route/</u> info@rutavinotoro.com

• ZAMORA WINE ROUTE

The ideal place to enjoy perfectly preserved spaces that maintain the essence of the past. It is much more than wine. It is wine tourism. <u>https://rutavinozamora.com/</u> info@rutavinozamora.com

CASTILLA Y LEÓN INCOMING TOUR OPERATORS PROPOSALS

In this newsletter, we would also like to share the proposals of some incoming tour operators in Castilla y León that organise different activities based on their thorough knowledge of the area and extensive experience.

• <u>PILGRIMS' ROUTE TO SANTIAGO OPTIONS</u> Specialised in the Pilgrims' Route to Santiago. <u>www.rutasdelcaminodesantiago.com/historia-del-camino</u> <u>miguelangel@rutasdelcaminodesantiago.com</u>

DESTINO DIVINO

Wine tourism and family tourism activities. www.destino-divino.com/experiencias-en-familia/ Info@destino-divino.com

<u>NIS-NORTH INCOMING SERVICE SL</u>

Unique Wine & Gastronomy experience in Rueda, Ribera del Duero and Basque Country. <u>https://nis.es/from-madrid-to-bilbao.html</u> <u>cyl@nis-dmc.com</u> or <u>hello@nis-dmc.com</u>

• TOP RIBERA DEL DUERO

Receptive tour operator in Ribera del Duero: tourism packs, accommodations, wineries, restaurants, recreational options... www.topriberadelduero.com info@topriberadelduero.com

<u>VITORSALAMANCA</u>

Discover the province of Salamanca through half-day or full-day experiences. <u>www.vitorsalamanca.com</u> <u>info@vitorsalamanca.com</u>

<u>RESERVASLEON.COM</u>

Specialised in romantic, cultural and adventure getaways in the city and province of León. <u>www.reservasleon.com/zona/1/leon</u> <u>reservas@reservasleon.com</u>

VERONIA TOURS SL

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ALACARTA WINE & GOURMET TOURS

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• <u>BINATUR</u> Summer 2020 in Bierzo with children. Holidays with kids. <u>https://binatur.es/vacaciones-con-ninos-en-el-bierzo/</u> reservas@binatur.es

LA MIRADA CIRCULAR

Circular route on mountain bikes and running in El Bierzo. 4, 5, 6 and 7-day routes. <u>https://lamiradacircular.es/</u> and <u>https://lamiradacircular.es/contactar</u> <u>contacto@lamiradacircular.es</u>

<u>MUNDICAMINO</u>

Receptive tour operator for all pilgrimage routes on the Iberian Peninsula. www.mundicamino.com travel@mundicamino.com









<u>CAMINANDOCAMINANDO</u>

Itineraries for the Pilgrims' Route to Santiago on foot or by bike; hiking and cycling in Spain. <u>www.caminandocaminando.com</u> info@caminandocaminando.com

<u>THEWAYTOURS</u>

Circular tour of the Picos de Europa. <u>https://www.thewaytours.com/packages/circular-tour-picos-de-europa-2/</u> info@thewaytours.com

<u>CULTUR VIAJES</u>

Cultural getaways for adults focused on Palencia's Romanesque jewels. www.culturviajes.org/escapadas info@culturviajes.org

• SPANISHG G EXPERIENCE

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SPAIN IS MORE

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Tours: Isabella I of Castilla/León and Los Arribes/Salamanca and Castilla Route. 7 days. <u>www.viajesturiscar.grupoairmet.com</u> <u>viajesturiscar@hotmail.com</u>

• RUTAS DE VINO - VINTAGE SPAIN

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WELCOME CASTILLA Y LEÓN

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SPACIO LIBRE - DESTINO PALENCIA

Experts in Getaways, Cultural Routes, Food Routes, for individuals, groups, events and incentives in Palencia city and province. <u>www.spaciolibre.com/destino-palencia</u> <u>info@spaciolibre.com</u>

INCOMING SALAMANCA

Specialised in cultural, wine and food tourism in Salamanca and in Castilla y León. www.incomingsalamanca.com info@incomingsalamanca.com

<u>MUNDILEON</u>

Incoming tour operator specialized in package tours in León and province. Eco tourism and day excursions. <u>www.mundileon.es</u> <u>direccion@mundileon.com</u>

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