

# CASTILLA Y LEÓN



[inspira] 



<https://www.turismocastillayleon.com/turismocyl/en>



The Way of St. James or the Pilgrim's Way, as well known, was declared the first European Route of Cultural Interest by the Council of Europe in 1987. In addition, the route is considered World Heritage by UNESCO.

The so-called French Way is the Santiago route par excellence, the most popular itinerary, the busiest and the best adapted of all. It starts at Roncesvalles (Navarra) and reaches the Spanish city of Santiago de Compostela (Galicia), covering 750 kilometers. Of those, more than half run by the territory of Castilla y León, 450 kilometers.

Although this way is the most internationally renowned, the pilgrims' road to Santiago de Compostela is structured on the the Levante Way, the Cantabrian Way, the Asturian Way, the Via de la Plata and the Portuguese Way.

The pilgrims began to travel through northern Spain, overcoming the considerable obstacles they encountered on the way, in order to reach the end of the medieval world that the land of Galicia represented at the time. The classic 12th century itinerary, which would later become known as 'The French Way', is described in detail in what could be termed as the very first travel guide: the Codex Calixtinus.

The Way of  
 Saint James



# TOURISM IDEAS IN CASTILLA Y LEÓN



Palacio de Superunda, Ávila  
(Foto cedida por el Excmo. Ayto. de Ávila)

## **PALACIO DE LOS SUPERUNDA OR PALACIO CAPROTTI IN ÁVILA**

The Renaissance palace of Palacio de los Superunda, or Palacio Caprotti, was ordered to be built by councillor Ochoa Aguirre at the end of the 16th century. In the 20th century, it was acquired by the Italian painter Guido Caprotti, one of its most illustrious owners. Caprotti was travelling in Spain when he was surprised by snowfall in Ávila. He fell in love with the city and restored this palace as a painting studio and family home. Nowadays, you can visit this beautiful palace that houses his valuable collection of paintings, with its lintel courtyard and staircase also being of particular note.

<https://bit.ly/3iiuY4b>



<http://bit.ly/3swwlf5>



## **CENTENARY OF BURGOS CATHEDRAL**

20 July 2021 marks the 800th anniversary of the date that the first stone of the Cathedral of Burgos was laid. A wide variety of activities are being programmed to celebrate this occasion, which will make Burgos a cultural and tourist reference: with exhibitions, such as the Ages of Man, concerts, conferences, new tourist routes, departure from the Tour of Spain, restoration of works of art, improvement of the urban environment...

Burgos Cathedral, a world heritage site since 1984, is a living temple, dedicated to worship and prayer. Throughout history, it has welcomed the artistic movements of each era, dignified and solemnised ceremonies, praised God and the Christian life.



Catedral de Burgos

<https://bit.ly/3icwVz2>



<https://bit.ly/38Hlrzr>



## **VALLE DE LACIANA AND BRAÑAS IN LEÓN**

In the municipality of Villablino, in the north-west of the province of León, you can find the Laciana Valley. Declared a Biosphere Reserve, it has 21,700 hectares of enormous natural wealth. The Sil River and its tributaries run through the territory, which has also been marked by coal mining. This is a unique protected area for species such as grouse and brown bear. Brañas are areas of meadows where cattle are kept during the summer months. Their architecture is unique in towns such as Lumajo, Rioscuro, Robles, the Carrasconte sanctuary or Sosas, where you can visit a hydraulic dairy farm that preserves its original machinery. The natural environment invites you to practice outdoor sports such as skiing or hiking. Its gastronomy stands out for its pastoral tradition, with dishes made with lamb meat, along with its sausages and artisan desserts such as fisuelos.



Valle de Laciana, León

<http://bit.ly/39vCGUD>



<https://bit.ly/3nQxwYF>



## IN PALENCIA WE ALL LIKE A GOOD MEAL. DO YOU WANT TO LEARN HOW TO COOK THE TRADITIONAL AND DELICIOUS MENESTRA PALENTINA? THE SECRET RECIPE!

There is nothing better in winter than a good hot meal, to warm yourself up and to taste the best of Castilla y León's cuisine. Today we will show you how to prepare one of Palencia's most typical dishes, menestra palentina (Palencia stew).

**Ingredients for 4 people:** 1 kg of seasonal vegetables: artichokes, peas, asparagus, peppers, carrots, cauliflower, cabbage... 1 onion, 2 cloves of minced garlic, 3 tablespoons of flour, 1 egg, 1 glass of white wine, ¼ litre of cooking water for the vegetables, 50 grams of diced ham, 3 tablespoons of olive oil, 1 tablespoon of chopped parsley and salt.

**Preparation:** boil your chosen vegetables in plenty of salted water. Do this one by one, without mixing them, as each vegetable takes a different amount of time to cook, but use the same water each time as this will then be used for the broth (except the artichokes, which must be boiled separately with a little lemon as its water would not be good for the broth). The secret is to: coat the artichokes, cauliflower and cabbage with the egg and flour. Next, in a separate saucepan, heat the oil and fry the garlic until it is medium golden. Then add the onion and sauté over low heat for about 15 minutes. Add the ham and sauté. Add the white wine and the water from the vegetables and bring to a boil. Now add all the vegetables and the parsley, letting everything simmer for 5 minutes. Enjoy your meal!



Menestra de Palencia

<http://bit.ly/39LKY13>



## SNOW TOURISM IN LA COVATILLA, SALAMANCA



Estación de esquí La Covatilla, Salamanca

In the winter season, come to the province of Salamanca to ski! The Sierra de Béjar-La Covatilla station, about 80 km from the capital, has 31 slopes, 3 green, 8 blue and 20 red, 1 chairlift, 1 conveyor belt and 2 ski lifts. Little ones can also enjoy the snow as there are specially designed areas for children. Nearby, you can see the emblematic architecture of the Sierra de Béjar's towns, such as Béjar, Candelario or Montemayor del Río, declared a Historic Site. To the south of Salamanca is Béjar, nestled in the mountains of the same name. Palacio Ducal or its Renaissance villa El Bosque are examples of the nobility found in this land. Other points of interest are Plaza de Toros, various museums and the walls. Nearby, in the middle of the Natural Space, is Candelario, a small mountain town with cherished popular architecture, including old batipuertas gates and embedded street gutters. Finally there is Montemayor del Río, a beautiful Historic Site with a magnificent 13th century castle.

<http://bit.ly/39t3ZyZ>



<http://bit.ly/3iaiADa>



<http://bit.ly/38FCz9E>



## VILLAS OF FUENTIDUEÑA AND SACRAMENIA IN SEGOVIA

To the north-west of the province of Segovia, in the Community of Villa y Tierra de Fuentidueña, you can find two charming communities: Sacramenia, the largest town in the community, and Fuentidueña. Sacramenia has a rich Romanesque heritage with different specimens, but one monument of particular note is the monastery of San Bernardo. Located about two km away from Sacramenia, it belonged to the Cistercian order. Some of its estates were sold and moved to the United States. The church, the most important part of the complex, is the third largest in the province, after the Cathedral and the church of Villacastín. It is currently a private property. It can be visited by appointment: 921120964. Fuentidueña is another charming place. Located on top of a hill, it still has part of its wall, its castle, several Romanesque churches, the necropolis, and the old Magdalena hospital. As happened with Coto de San Bernardo, in Fuentidueña, the San Martín apse was also bought and transferred to the United States, specifically, to the Cloisters in New York. It is important to not forget about the area's gastronomy: the suckling lamb is exquisite washed down with wines from the Valtiendas area.



Palacio de Los Condes de Fuentidueña, Segovia

<https://bit.ly/2XEKQgc>



<https://bit.ly/2LSuCB4>





Plaza Mayor Morón de Almazán, Soria

### **CASTILIAN SQUARES: ALMAZÁN AND MORÓN DE ALMAZÁN**

Almazán, a monumental town, has an excellent Castilian Plaza Mayor surrounded by extraordinary monumental buildings: the 12th century wall, the 12th century San Miguel church, the 15th century Hurtado de Mendoza palace (which houses the centre of visitors' reception) and viewpoints of the Ronda del Duero. The main square of Morón de Almazán is probably one of the most beautiful architectural ensembles in Castilla y León. The late mediaeval Council building, the parish church with its slender Plateresque tower, Gothic scroll and the Renaissance palace of the Hurtado de Mendoza, which houses the provincial museum of Soria Folk Clothing, for which a guided visit is highly recommended.

<http://bit.ly/3nXjgXg>

<http://bit.ly/3o02CNn>

<http://bit.ly/3nZmakQ>



### **ROMAN LEGACY IN VALLADOLID**

No other civilisation has left as much of a mark on the Iberian Peninsula as Roman civilisation. One of the unequivocal proofs of this is the Roman villa of Almenara-Puras in the south of the province of Valladolid. The Roman Villas museum reflects what life was like back then through explanatory and audiovisual panels in its main room. The museum tries to recover, consolidate and showcase the valuable archaeological remains that it holds. The archaeological complex consists of 2 blocks, the first being the museum space itself and the second showing the recovered remains of a luxurious villa built in the 4th century that can be visited by walking on an enabled walkway. Today, the Roman Villa of Almenara-Puras is one of the must-see examples of Roman archaeological heritage in the Iberian Peninsula.



Almenara de Adaja, Valladolid

<http://bit.ly/3nIW048>

<http://bit.ly/3eR3KhV>



### **MODERNISM IN ZAMORA**



El Modernismo, Zamora

Something that may be unexpected and attractive for visitors to Zamora is the modernism found there. Between 1875 and 1930, a multitude of eclectic and historicist buildings, some of an industrial nature, and a notable number of modernist buildings were built, allowing Zamora to be included in the exclusive group of municipalities that make up the Art Nouveau European Route. This second Golden Age came with the development of the flour industry, and its impact was reflected in the modernist buildings that we invite you to discover. With their bourgeois style and marked by contrasting colours, curved lines and animal and plant decoration, these constructions today form part of an interesting route on which the traveller will find theatres, public centres and houses with a marked modernist design, in which architect Francisco Ferriol actively participated in creating.

<http://bit.ly/38HeTlq>

<http://bit.ly/3sjYCe9>

<http://bit.ly/3bEx4dd>

**Remember, in Castilla y León, you'll find everything and more...  
WE CAN'T WAIT TO SEE YOU!!!**

# LAS POSADAS REALES DE CASTILLA Y LEÓN PROPOSALS



Viñedos Posada Real Castillo del Buen Amor

For a fully immersive experience involving the nature and authenticity of Castilla y León, we recommend Las Posadas Reales, our high-quality rural tourism brand! Not only will you stay in singular buildings, but excellent accommodations and service are guaranteed! They are the perfect place to stay for an unforgettable experience, immersing yourself in all the activities, heritage and nature of Castilla y León.

<https://bit.ly/3caGo66>



- **POSADA REAL CASTILLO DEL BUEN AMOR**

Come and live history and wine in the middle of the countryside.

[www.buenamor.net](http://www.buenamor.net)  
[castillo@buenamor.net](mailto:castillo@buenamor.net)

- **POSADA REAL LOS CINCO LINAJES**

History and Gastronomy: Get to know Arevalo and its relationship with Queen Isabel la Católica, and enjoy TOSTON in our restaurant.  
(roast suckling pig)

[www.loscincolinajes.es](http://www.loscincolinajes.es)  
[info@loscincolinajes.es](mailto:info@loscincolinajes.es)

- **POSADA REAL HOSTERÍA CAMINO**

The base of operations to know all of León and its wines.

<https://www.hosteriacamino.com>  
[informacion@hosteriacamino.com](mailto:informacion@hosteriacamino.com)

- **POSADA REAL LA CARTERÍA**

Night with illusion in Sanabria.

<http://www.lacarteria.com/ilusiones.html>  
[posadareallacarteria@gmail.com](mailto:posadareallacarteria@gmail.com)

- **POSADA REAL LA PASCASIA**

Romantic stay in Sanabria.

<http://www.lapascasia.com/sorpresas.html>  
[lapascasia@gmail.com](mailto:lapascasia@gmail.com)

- **POSADA REAL EL LAGAR DE LA NAVAZUELA**

Wine experience.

[www.lanavazuela.com](http://www.lanavazuela.com)  
[info@lanavazuela.com](mailto:info@lanavazuela.com)

- **POSADA REAL SANTA MARIA LA REAL**

Discover the best architecture of romanic church in Europe with guide.

<https://www.posadasantamarialareal.com>  
[reservas@alojamientosconhistoria.com](mailto:reservas@alojamientosconhistoria.com)

# RUTAS DEL VINO DE CASTILLA Y LEÓN PROPOSALS



Nature is certainly one of the biggest attractions of Las Rutas del Vino de Castilla y León. Hundred year-old vineyards are surrounded by fairytale scenery where flora and fauna coexist in perfect harmony, creating a magical horizon full of contrasts.

Natural, warm and welcoming spaces give our wine and people a unique personality. Nature parks, protected spaces, rivers, tracks and trails will allow you to leave your worries behind and reconnect with yourself. It's nature in its purest form.

<https://bit.ly/2VrAcPZ> 🔍

- **CIGALES WINE ROUTE**

Discover our wine heritage with underground cellar, castle to be visited, monasteries and churches and the Castile waterway (Eurovelo 1)

<https://www.rutadelvinocigales.com>

[info@rutadelvinocigales.com](mailto:info@rutadelvinocigales.com)

- **ARLANZA WINE ROUTE**

Feel the essence of Castile with the Arlanza Wine Route. Heart of a land where the history of wine travel through time

<https://www.rutadelvinoarlanza.com/es/en/arlanza-wine-route/>

[info@rutadelvinoarlanza.com](mailto:info@rutadelvinoarlanza.com)

- **BIERZO WINE ROUTE**

Wines with their own personality, Nature, Medieval architecture, Major towns, Way of Saint James. We have plans for you!!!!

<https://bierzoenoturismo.com/en/>

[info@enoturismoenelbierzo.com](mailto:info@enoturismoenelbierzo.com)

- **RIBERA DEL DUERO WINE ROUTE**

Enjoy your freedom in the Wine Route of Sensations with Origin Denomination.

<https://www.rutadelvinoriberadelduero.es/en>

[info@riberate.com](mailto:info@riberate.com)

- **RUEDA WINE ROUTE**

Extensive historical and gastronomic legacy. The Castilian landscape, characterised by its green fields and pine forests, changes in this Route.

<https://www.rutadelvinoderueda.com/en/>

[info@rutadelvinoderueda.com](mailto:info@rutadelvinoderueda.com)

- **SIERRA DE FRANCIA WINE ROUTE**

Integrated within the Biosphere Reserve of the Sierras de Béjar y Francia and the Natural Park of the Sierra de Francia Batuecas.

<https://rutadelvinosierradefrancia.com/?lang=en>

[info@rutadelvinosierradefrancia.com](mailto:info@rutadelvinosierradefrancia.com)

- **ARRIBES WINE ROUTE**

A paradise sheltered between granite canyons and metamorphic rocks, known as arribes, arribas or arribanzos, the banks which outline the Douro River.

<https://www.rutadelvinoarribes.com/?lang=en>

[hola@rutadelvinoarribes.com](mailto:hola@rutadelvinoarribes.com)

- **TORO WINE ROUTE**

Our countless heritage, our wines, our gastronomy, and our people who welcome you with open arms, an experience that leaves its mark.

<https://www.rutavinotoro.com/en/home-toro-wine-route/>

[info@rutavinotoro.com](mailto:info@rutavinotoro.com)

# CASTILLA Y LEÓN INCOMING TOUR OPERATORS PROPOSALS

In this newsletter, we would also like to share the proposals of some incoming tour operators in Castilla y León that organise different activities based on their thorough knowledge of the area and extensive experience.



- **PILGRIMS' ROUTE TO SANTIAGO OPTIONS**

Specialised in the Pilgrims' Route to Santiago.  
[www.rutasdelcaminodesantiago.com/historia-del-camino](http://www.rutasdelcaminodesantiago.com/historia-del-camino)  
[miguelangel@rutasdelcaminodesantiago.com](mailto:miguelangel@rutasdelcaminodesantiago.com)

- **DESTINO DIVINO**

Wine tourism and family tourism activities.  
[www.destino-divino.com/experiencias-en-familia/](http://www.destino-divino.com/experiencias-en-familia/)  
[Info@destino-divino.com](mailto:Info@destino-divino.com)

- **NIS-NORTH INCOMING SERVICE SL**

Unique Wine & Gastronomy experience in Rueda, Ribera del Duero and Basque Country.  
<https://nis.es/from-madrid-to-bilbao.html>  
[cyl@nis-dmc.com](mailto:cyl@nis-dmc.com) or [hello@nis-dmc.com](mailto:hello@nis-dmc.com)

- **TOP RIBERA DEL DUERO**

Receptive tour operator in Ribera del Duero: tourism packs, accommodations, wineries, restaurants, recreational options...  
[www.topriberadelduero.com](http://www.topriberadelduero.com)  
[info@topriberadelduero.com](mailto:info@topriberadelduero.com)



- **VITORSALAMANCA**

Discover the province of Salamanca through half-day or full-day experiences.  
[www.vitorsalamanca.com](http://www.vitorsalamanca.com)  
[info@vitorsalamanca.com](mailto:info@vitorsalamanca.com)

- **RESERVASLEON.COM**

Specialised in romantic, cultural and adventure getaways in the city and province of León.  
[www.reservasleon.com/zona/1/leon](http://www.reservasleon.com/zona/1/leon)  
[reservas@reservasleon.com](mailto:reservas@reservasleon.com)

- **ADESUM TRAVEL**

Exclusive experience in Ribera de Duero tasting 14 TOP wines.  
<https://www.adesum.com/top-wine-tour.html>  
[info@adesum.com](mailto:info@adesum.com)



- **VERONIA TOURS SL**

Customized special interest tours: cultural, pilgrimages, choir, wine and gourmet...  
<https://www.veroniatours.com/tours>  
[veroniatours@veroniatours.com](mailto:veroniatours@veroniatours.com)

- **ALACARTA WINE & GOURMET TOURS**

Specialised in exclusive trips and experiences focused on wine and cuisine.  
[www.alacarta.es](http://www.alacarta.es)  
[info@alacarta.es](mailto:info@alacarta.es)

- **BINATUR**

Summer 2020 in Bierzo with children. Holidays with kids.  
<https://binatur.es/vacaciones-con-ninos-en-el-bierzo/>  
[reservas@binatur.es](mailto:reservas@binatur.es)



- **LA MIRADA CIRCULAR**

Circular route on mountain bikes and running in El Bierzo. 4, 5, 6 and 7-day routes.  
<https://lamiradacircular.es/> and <https://lamiradacircular.es/contactar>  
[contacto@lamiradacircular.es](mailto:contacto@lamiradacircular.es)

- **MUNDICAMINO**

Receptive tour operator for all pilgrimage routes on the Iberian Peninsula.

[www.mundicamino.com](http://www.mundicamino.com)

[travel@mundicamino.com](mailto:travel@mundicamino.com)



- **CAMINANDOCAMINANDO**

Itineraries for the Pilgrims' Route to Santiago on foot or by bike; hiking and cycling in Spain.

[www.caminandocaminando.com](http://www.caminandocaminando.com)

[info@caminandocaminando.com](mailto:info@caminandocaminando.com)

- **THEWAYTOURS**

Circular tour of the Picos de Europa.

<https://www.thewaytours.com/packages/circular-tour-picos-de-europa-2/>

[info@thewaytours.com](mailto:info@thewaytours.com)

- **CULTUR VIAJES**

Cultural getaways for adults focused on Palencia's Romanesque jewels.

[www.culturviajes.org/escapadas](http://www.culturviajes.org/escapadas)

[info@culturviajes.org](mailto:info@culturviajes.org)

- **SPANISH G EXPERIENCE**

Customised, cuisine-oriented trips through the north of Spain.

[www.spanishgexperience.com/es](http://www.spanishgexperience.com/es)

[travel@spanishgexperience.com](mailto:travel@spanishgexperience.com)



- **SPAIN IS MORE**

Specialists in the north of Spain and the Pilgrims' Route to Santiago.

<https://www.spainismore.es/camino-de-santiago-viajes>

[info@spainismore.com](mailto:info@spainismore.com)

- **DMCastillayLeon**

Experiences in Castilla y León, incentives and events. Especially in Salamanca. Visit our website to discover the STAYCATIONS

<https://dmcastillayleon.com/> and <https://viajessalamanca.com/>

[info@dmcastillayleon.com](mailto:info@dmcastillayleon.com)

- **VIAJES TURISCAR**

Tours: Isabella I of Castilla/León and Los Arribes/Salamanca and Castilla Route. 7 days.

[www.viajesturiscar.grupoairmet.com](http://www.viajesturiscar.grupoairmet.com)

[viajesturiscar@hotmail.com](mailto:viajesturiscar@hotmail.com)

- **RUTAS DE VINO - VINTAGE SPAIN**

Break away in the Ribera de Duero area with transportation.

<https://www.rutasdevino.com/enoshop/producto/enoturismo-ribera-del-duero-transporte/>

[jorge@vintagespain.com](mailto:jorge@vintagespain.com)

- **WELCOME CASTILLA Y LEÓN**

Come and experience the history and culture of Castilla y León with us. Guided tours in historic centres.

<https://www.welcomecastillayleon.com/>

[info@welcomecastillayleon.com](mailto:info@welcomecastillayleon.com)



- **SPACIO LIBRE- DESTINO PALENCIA**

Experts in Getaways, Cultural Routes, Food Routes, for individuals, groups, events and incentives in Palencia city and province.

[www.spaciolibre.com/destino-palencia](http://www.spaciolibre.com/destino-palencia)

[info@spaciolibre.com](mailto:info@spaciolibre.com)

- **INCOMING SALAMANCA**

Specialised in cultural, wine and food tourism in Salamanca and in Castilla y León.

[www.incomingsalamanca.com](http://www.incomingsalamanca.com)

[info@incomingsalamanca.com](mailto:info@incomingsalamanca.com)

- **MUNDILEON**

Incoming tour operator specialized in package tours in León and province. Eco tourism and day excursions.

[www.mundileon.es](http://www.mundileon.es)

[direccion@mundileon.com](mailto:direccion@mundileon.com)



- **ISABEL BOUTIQUE TUR**

Эксклюзивные VIP и MICE путешествия по всей Испании. Культура, виноделие, гастрономия. Индивидуальное составление.

<http://www.isabeltur.com/ru/>

[gala@isabeltur.com](mailto:gala@isabeltur.com)