

BIERZO NATURA



Empresas Turismo Activo D 96/2007

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Activities

Type	Activity
Water	Canoeing in all its forms: canoe, kayak, etc.
Air	Solokites
Mixed	Rappelling
Mixed	Multiactivity (combination of several activities)
Mixed	Adventure parks with ropes or cables
Mixed	Abseiling
Mixed	Team-building (multiactivity with educational purpose)
Mixed	Tyrolean traverse
Snow	Snowshoes
Earth	All terrain bicycle, ATB, Mountain Bike
Earth	Climbing
Earth	Speleology
Earth	Mountaineering
Earth	Orientation
Earth	Paintball
Earth	Hiking, short hikes
Earth	Archery
Earth	Trekking, long hikes on foot