

RUBÉN RÚA MUÑOZ

Active Tourism Professional

ACTIVITIES

- **Type:** Water
- **Activity:** Kayaking
- **Type:** Water
- **Activity:** Canoeing
- **Type:** Snow
- **Activity:** Routes, walks, excursions, snowshoeing or similar.
- **Type:** Earth
- **Activity:** Activities with crampons and ice ax
- **Type:** Earth
- **Activity:** Winter ascents to summits
- **Type:** Earth
- **Activity:** Ascession of runners
- **Type:** Earth
- **Activity:** Bouldering
- **Type:** Earth
- **Activity:** Multi-adventure circuits
- **Type:** Earth
- **Activity:** Descent of dry or aquatic canyons
- **Type:** Earth
- **Activity:** Climbing initiation
- **Type:** Earth
- **Activity:** Ice climbing
- **Type:** Earth
- **Activity:** Caving
- **Type:** Earth
- **Activity:** Rope parks
- **Type:** Earth
- **Activity:** Recreational rappelling
- **Type:** Earth
- **Activity:** Routes and orienteering games
- **Type:** Earth
- **Activity:** Hiking
- **Type:** Earth
- **Activity:** Zip lines
- **Type:** Earth
- **Activity:** Trekking
- **Type:** Earth
- **Activity:** Via ferrata low difficulty (K2 or lower)

ADDRESS AND MAP LOCATION

- **Postal address** -. Ávila. 05000. Ávila
- **Email**
rubenrúa@hotmail.com

RUBÉN RÚA MUÑOZ

- **Phones**
626 672 734