

Valleys of Babia and Luna



Under the shadow of the rock faces of Peña Ubiña (2,417 metres) lies the rough mountainous landscape of the Valle de San Emiliano.

Situated in between the Leonese valleys of Babia and Luna, on the border with Asturias, this valley displays, along with classic elements of glacial erosion, the equally significant features of karstic relief. The vegetation includes beech groves, oaks and the remnants of the juniper woods of Mirantes de Luna - the westernmost on the Iberian peninsula. It highlights the intense traditional activity developed by the transhumance of merino sheep in this area, and the survival of different indigenous breeds such as Hispano-Breton horses and Leonese mastiffs.

Declared

Category: Natural Space

Area: 57,757 ha.

Municipalities in the province of León: Los Barrios de Luna, Cabrillanes, San Emiliano, Sena de Luna

Visitor Centre

Park House of Babia and Luna

Visitors can discover everything the Park and the regions of Babia and Luna have to offer by watching an interesting video, and also pick up leaflets, brochures and other types of information and souvenirs. In the Visitors' Corner, a complete model of the Park helps those eager to explore to plan their day's activities and route.

Address:

Palacio de Quiñones - C/ Real s/n - 24143. 24143

Telephone: 987 051 011

Email: cp.babialuna@patrimonionatural.org

Website: http://www.patrimonionatural.org/casas.php?id_casa=176

Enviromental Areas

Fauna: Chamois, roe deer, deer, wild boar, otter and abundant raptors.

Relief: Mountain landscape in which contrast rough limestone mountain ridges, with rolling green valley bottoms.

Vegetation: Oak, gall oak, beech, birch and numerous endemic species.

Route

L3 - Senda de Fuentes del Sil (L3)

Trayecto: Circular

Longitud: 13 km.

Dificultad de la ruta: Media-Alta

L4 - Senda de las Naves el Panazal (L4)

Trayecto: Lineal

Longitud: 16,3 km.

Dificultad de la ruta: Media-Alta

Lagoon of las Verdes

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Journey: Lineal

Length: 10 km.

Difficulty of the route: Medium

Stage 8 - Section 6: Portilla de Luna - La Robla

Journey: Lineal

Length: 30.8 km.

Difficulty of the route: High

Stage 8 - Section 6: Portilla de Luna - Vega de Caballeros

Journey: Lineal

Length: 5.4 km.

Difficulty of the route: Low

Stage 9: Vega de Caballeros - Riello

Journey: Lineal

Length: 24.2 km.

Difficulty of the route: High

Find out more

Other sites

<https://patrimonionatural.org/espacios-naturales/parque-natural/parque-natural-babia-y-luna>