

Parque Natural Montaña Palentina



In the most remote and inaccessible border lands of the province of Palencia, lies a spectacular, almost unknown, mountain range. Its peaks and crests, sculpted into the hard tight mountain limestone, rise over 2,500 metres and give form to a singular relief of fantastic needles, impressive precipices, proud cliffs and deep valleys.

Two important rivers have their sources in these mountains, the Carrión and the Pisuerga. The first of the two rises in steep heart of the mountains and its source - the lake of Fuentes Carrionas which gives its name to the whole county - is so isolated that it is even possible to find the footprints of several pairs of brown bears.

The river Pisuerga rises from the Fuente del Cobre - a gentler landscape, where beech and deciduous oak woods predominate.

Declared

Category: Natural Park

Area: 78,179 ha.

Municipalities in the province of Palencia: Aguilar de Campoo, Brañosera, Castrejón de la Peña, Cervera de Pisuerga, Dehesa de Montejo, La Pernía Polentinos, San Cebrián de Mudá, Triollo, Velilla del Río Carrión

Visitor Centre

Casa del Parque Natural Montaña Palentina

A monitor will welcome you and provide all the information you need. You will also be able to watch a video about the park and acquire publications and other types of information and souvenirs.

A calendar of activities featuring all the major festivals and events will help you plan your stay, and in the welcoming Visitors' Corner you will be able to plan your route using the model of the entire park.

Address:

C/ El Plantío. 34840

Telephone: 979 870 688 / 979 870 698 / 686 192 974

Email: cp.fuentescarrionas@patrimonionatural.org

Website: http://www.patrimonionatural.org/casas.php?id_casa=8

Enviromental Areas

Fauna: Brown bear, capercaillie, wolves, chamois, otters and common partridge.

Relief: Landscape sculpted into the hard and tight mountain limestone which has given rise to a fantastic collection of needles, cliffs and valleys.

Vegetation: Beech, oak, Pyrenean oak, and holm oak woods. The holm oak woods are the most northern in Europe.

Route

Between Nestar and Cordovilla de Aguilar

Journey: Circular

Length: 6.1 km.

From San Martin de Perapertu to Muda

Journey: Lineal

Length: 5.8 km.

Parque Natural Montaña Palentina



Historic Pathway, from Brañosera to Estalaya (GR 1)

Journey: Journey

Length: 23.5 km.

Difficulty of the route: High

Historic Pathway, from Camporredondo de Alba to Camino Cruz Armada (GR 1)

Journey: Journey

Length: 8.6 km.

Difficulty of the route: Medium

Historic Pathway, from Cervera de Pisuerga to Triollo (GR 1)

Journey: Journey

Length: 23 km.

Difficulty of the route: Medium-High

Historic Pathway, from Estalaya to Cervera de Pisuerga (GR 1)

Journey: Journey

Length: 11.5 km.

Difficulty of the route: Medium

Historic Pathway, from Triollo to Camporredondo de Alba (GR 1)

Journey: Journey

Length: 10.7 km.

Difficulty of the route: Low

Historic Pathway, from the Limit with Cantabria to Brañosa (GR 1)

Journey: Journey

Length: 8 km.

Difficulty of the route: Medium

Pathway of Fuente Cobre - Birth of Pisuerga River (PRC-P)

Journey: Circular

Length: 11 km.

Difficulty of the route: Medium

Pathway of Fuente Cobre - Birth of Pisuerga River (PRC-P)

Journey: Circular

Length: 11 km.

Difficulty of the route: Medium

Pathway of the Roblon (PR-PA 1)

Journey: Circular

Length: 4.6 km.

Difficulty of the route: Low

Pathway of the Bear (PRC-P)

Parque Natural Montaña Palentina



Journey: Circular

Length: 12.2 km.

Difficulty of the route: Medium

Pathway of the Bosque Fossil (PR-PA 2)

Journey: Circular

Length: 3 km.

Difficulty of the route: Low

Pathway of the Fishermen (PRC-P)

Journey: Circular

Length: 6 km.

Difficulty of the route: Low

Pathway of the Giant og Valle Estrecho (PR-P)

Journey: Circular

Length: 4.4 km.

Difficulty of the route: Low

Pathway of the Lagunas de las Lomas (PR-PA 6)

Journey: Lineal

Length: 12 km.

Difficulty of the route: Medium-High

Pathway of the Pinar de Velilla (PR-PA 3)

Journey: Circular

Length: 3.5 km.

Difficulty of the route: Low

Pathway of the Pinar del Castillo (SLC-P)

Journey: Circular

Length: 1.1 km.

Difficulty of the route: Low

Pathway of the Tejada de Tosande (PRC-P)

Journey: Circular

Length: 10.5 km.

Difficulty of the route: Medium

Pathway of the cascada de Mazobre (PR-PA 4)

Journey: Lineal

Length: 6.6 km.

Difficulty of the route: Low

Pathway of the cascada de Mazobre (PR-PA 4)

Journey: Lineal

Length: 6.6 km.

Parque Natural Montaña Palentina



Difficulty of the route: Low

Pedaleando por el Románico Palentino

Journey: Circular

Length: 59.7 km.

Difficulty of the route: High

Stage 1 - Section 5: Vallespinoso de Cervera - Barruelo de Santullán

Journey: Lineal

Length: 17 km.

Difficulty of the route: Medium

Stage 1 - Section 5: Vallespinoso de Cervera - Cervera de Pisuerga

Journey: Lineal

Length: 12.1 km.

Difficulty of the route: Medium-Low

Stage 1 - Section 6: Rueda de Pisuerga - Barruelo de Santullán

Journey: Lineal

Length: 19.7 km.

Difficulty of the route: Medium

Stage 1 - Section 6: Rueda de Pisuerga - Cervera de Pisuerga

Journey: Lineal

Length: 9.4 km.

Difficulty of the route: Medium-Low

Stage 1 - Section 7: Barcenilla - Barruelo de Santullán

Journey: Lineal

Length: 21.5 km.

Difficulty of the route: Medium

Stage 1 - Section 7: Barcenilla - Cervera de Pisuerga

Journey: Lineal

Length: 7.6 km.

Difficulty of the route: Low

Stage 1 - Section 8: Ligüerzana - Barruelo de Santullán

Journey: Lineal

Length: 25.5 km.

Difficulty of the route: Medium

Stage 1 - Section 8: Ligüerzana - Cervera de Pisuerga

Journey: Lineal

Length: 3.6 km.

Difficulty of the route: Low

Parque Natural Montaña Palentina



Stage 1 - Section 9: Vado - Barruelo de Santullan

Journey: Lineal

Length: 25.5 km.

Difficulty of the route: Medium

Stage 1 - Section 9: Vado - Cervera de Pisuerga

Journey: Lineal

Length: 1.2 km.

Difficulty of the route: Low

Stage 2 - Section 1: Ruesga - Cervera de Pisuerga

Journey: Lineal

Length: 3.3 km.

Difficulty of the route: Low

Stage 2 - Section 1: Ruesga - Triollo

Journey: Lineal

Length: 21 km.

Difficulty of the route: High

Stage 2 - Section 2: Ventanilla - Cervera de Pisuerga

Journey: Lineal

Length: 9.1 km.

Difficulty of the route: Medium-High

Stage 2 - Section 2: Ventanilla - Triollo

Journey: Lineal

Length: 15.2 km.

Difficulty of the route: High

Stage 2 - Section 3: San Martin - Cervera de Pisuerga

Journey: Lineal

Length: 12.5 km.

Difficulty of the route: Medium

Stage 2 - Section 3: San Martin - Triollo

Journey: Lineal

Length: 11.8 km.

Difficulty of the route: High

Stage 2 - Section 4: Rebanal de las Llantas - Cervera de Pisuerga

Journey: Lineal

Length: 15.6 km.

Difficulty of the route: Medium

Stage 2 - Section 4: Rebanal de las Llantas - Triollo

Parque Natural Montaña Palentina



Journey: Lineal

Length: 8.7 km.

Difficulty of the route: High

Stage 2 - Section 5: Alto de la Varga - Cervera de Pisuerga

Journey: Lineal

Length: 19.6 km.

Difficulty of the route: Medium-High

Stage 2 - Section 5: Alto de la Varga - Triollo

Journey: Lineal

Length: 4.7 km.

Difficulty of the route: Low

Stage 2 - Section 6: La Lastra - Cervera de Pisuerga

Journey: Lineal

Length: 22.6 km.

Difficulty of the route: Medium

Stage 2 - Section 6: La Lastra - Triollo

Journey: Lineal

Length: 1.7 km.

Difficulty of the route: Low

Stage 2: Cervera de Pisuerga - Triollo

Journey: Lineal

Length: 24.3 km.

Difficulty of the route: High

Stage 3 - Section 1: Valcovero - Guardo

Journey: Lineal

Length: 19.5 km.

Difficulty of the route: High

Stage 3 - Section 1: Valcovero - Triollo

Journey: Lineal

Length: 11.3 km.

Difficulty of the route: Medium

Stage 3 - Section 2: Velilla del rio Carrion - Guardo

Journey: Lineal

Length: 27.7 km.

Difficulty of the route: High

Stage 3 - Section 2: Velilla del rio Carrion - Triollo

Journey: Lineal

Length: 3.1 km.

Parque Natural Montaña Palentina



Difficulty of the route: Low

Stage 3: Triollo - Guardo

Journey: Lineal

Length: 30.8 km.

Difficulty of the route: High

Find out more

Other sites

<http://www.miespacionatural.es/espaciospanel/2431>

http://www.patrimoniounatural.org/ren.php?espacio_id=7