

## Spa of Almeida



The original Almeida La Dama Verde Spa, built around 1899, has been extended and renovated in order to once again offer visitors the benefits of its sulfurated waters as well all the charm of a beautiful natural setting.

The waters of this spa, which stands on a large estate dotted with centuries-old trees, were considered sacred by the Celtic tribes that once inhabited this area, as evidenced by the dolmen facing the hot spring and which is some 4,500 years old.

### Waters and Treatments

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**Medicinal waters:** Bicarbonated Waters, Fluoridated waters, Radioactive Waters, Sodium-rich waters

**Therapeutic treatments:** Dermatological treatments, Respiratory treatments, Rheumatological treatments

**Thermal techniques:** Baths, Water or thermal jets, Thermal water circuit, Hydropinic cure, Showers, Inhalations, Mud treatments

**Complementary techniques:** Paraffin, Beauty treatments

### Address

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