

Birds



The farmyard has had a great importance in the family economy, laying hens to provide of essential eggs, but above all for the breeding of chickens, roosters and more rarely ducks and turkeys fed with vegetables and cereals that have given rise to many recipes, some of great fame as the Gallo Turesilano in Tordesillas (Valladolid), or the chicken fricassee.

Turkey, both home breeding and associated with the ancient figure of the itinerant turkey breeder, set a traditional dish of festivities, including Christmas. There is another element linked to the supply of birds to the traditional diet: the dovecotes, in direct relation to the fields of grain, and thus doves and squabs stewed or marinated form part of the gastronomic heritage of Castilla y León, especially linked to the region of Tierra de Campos.