

## Grand Tour Route Mountain of Sanabria, from the Park House Lago de Sanabria to the Refuge of Yeguas



### Route Data

---

**Origin of the route:** Casa del Parque Natural Lago de Sanabria

**Destination of the route:** Refugio de Yeguas

**Route code:** GR 84

**Journey:** Journey

**Way:** On foot (64 h.)

**Length:** 17.7 km.

**Ascent slope:** 870

**Difficulty of the route:** High

### Address

---

Galende. 49361 Zamora.

### Find out more

---

#### Other sites

[www.miespacionatural.es/content/ruta-de-gran-recorrido-montana-de-sanabria](http://www.miespacionatural.es/content/ruta-de-gran-recorrido-montana-de-sanabria)