

## Fried trout



### Provincia

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Ávila

### Ingredients

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(For 4 people)

- 4 trout.
- 4 tablespoons of flour.
- 1 cup of olive oil.
- Lemon.
- Salt.

### Preparation method

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Clean and dry the trout. Season and coat them in flour. Fry them in very hot oil for about 2 to 3 minutes on each side. Place them on the plate.