

## Stage 3: Triollo - Guardo



Stage of 30 kilometers, most of which, within the Natural Park of Fuentes Carrionas y Fuente Cobre-Montaña Palentina. The difficulty, as in the second stage, remains high because of the hardness of the route that crosses the forest tracks. In winter, and even a few days of spring, it is easy to find snow on the passage of Cruz de Valsurbio.

### Route Data

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**Origin of the route:** Triollo

**Destination of the route:** Guardo

**Journey:** Lineal

**Way:** By bike (35 h.)

**Length:** 30.8 km.

**Ascent slope:** 570

**Difficulty of the route:** High

**Road:** 23

**Forest Trail:** 77

### Address

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Triollo. 34887 Palencia.

### Section

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#### Stage 3 - Section 1: Valcovero - Guardo

**Journey:** Lineal

**Length:** 19.5 km.

**Difficulty of the route:** High

#### Stage 3 - Section 1: Valcovero - Triollo

**Journey:** Lineal

**Length:** 11.3 km.

**Difficulty of the route:** Medium

#### Stage 3 - Section 2: Velilla del rio Carrion - Guardo

**Journey:** Lineal

**Length:** 27.7 km.

**Difficulty of the route:** High

#### Stage 3 - Section 2: Velilla del rio Carrion - Triollo

**Journey:** Lineal

**Length:** 3.1 km.

**Difficulty of the route:** Low