

Stage 4: Guardo - Puente Almuhey



Almost the 90 percent of this stage, of 21 kilometers, passes by roads and forest tracks. It is recommended not to make the trip in the rainy season to prevent falls and difficulties while crossing areas of mud and puddles.

Route Data

Origin of the route: Guardo

Destination of the route: Puente Almuhey

Journey: Lineal

Way: By bike (25 h.)

Length: 21.1 km.

Ascent slope: 230

Difficulty of the route: Medium-High

Road: 15

Forest Trail: 85

Address

Guardo. 34880 Palencia.

Section

Stage 4 - Section 1: Campondon - Guardo

Journey: Lineal

Length: 2.4 km.

Difficulty of the route: Low

Stage 4 - Section 1: Campondon - Puente Almuhey

Journey: Lineal

Length: 18.7 km.

Difficulty of the route: Medium-High

Stage 4 - Section 2: San Pedro de Cansoles - Guardo

Journey: Lineal

Length: 12.8 km.

Difficulty of the route: Medium-High

Stage 4 - Section 2: San Pedro de Cansoles - Puente Almuhey

Journey: Lineal

Length: 8.3 km.

Difficulty of the route: Medium-High

Stage 4 - Section 3: Valcuende - Guardo

Journey: Lineal

Length: 15.2 km.

Difficulty of the route: Medium-High

Stage 4 - Section 3: Valcuende - Puente Almuhey

Journey: Lineal

Length: 5.9 km.

Difficulty of the route: Medium