

## Stage 11: Pobladura de las Regueras - Toreno



Long route of 52 kilometers crossing roads, towns like Igüeña, as well as lands near to Villar de las Traviesas. This route is not recommended in rainy or snowy periods at low levels.

### Route Data

---

**Origin of the route:** Pobladura de las Regueras

**Destination of the route:** Toreno

**Journey:** Lineal

**Way:** By bike (56 h.)

**Length:** 53.8 km.

**Ascent slope:** 540

**Difficulty of the route:** High

**Road:** 25

**Forest Trail:** 75

### Address

---

Pobladura de las Regueras (Igüeña). 24375 León.

### Section

---

#### Stage 11 - Section 1: Rodrigatos - Pobladura de las Regueras

**Journey:** Lineal

**Length:** 4 km.

**Difficulty of the route:** Low

#### Stage 11 - Section 1: Rodrigatos - Toreno

**Journey:** Lineal

**Length:** 49.8 km.

**Difficulty of the route:** High

#### Stage 11 - Section 2: Santa Ana - Pobladura de las Regueras

**Journey:** Lineal

**Length:** 4 km.

**Difficulty of the route:** Low

#### Stage 11 - Section 2: Santa Ana - Toreno

**Journey:** Lineal

**Length:** 48.7 km.

**Difficulty of the route:** High

#### Stage 11 - Section 3: Igüeña - Pobladura de las Regueras

**Journey:** Lineal

**Length:** 13 km.

**Difficulty of the route:** High

#### Stage 11 - Section 3: Igüeña - Toreno

**Journey:** Lineal

**Length:** 40.8 km.

**Difficulty of the route:** High

#### Stage 11 - Section 4: Quintana de Fuseros - Pobladura de las Regueras

**Journey:** Lineal

**Length:** 22 km.

**Difficulty of the route:** High

## Stage 11: Pobladura de las Regueras - Toreno



### Stage 11 - Section 4: Quintana de Fuseros - Toreno

Journey: Lineal  
Length: 31.8 km.  
Difficulty of the route: High

### Stage 11 - Section 5: Noceda - Pobladura de las Regueras

Journey: Lineal  
Length: 35.3 km.  
Difficulty of the route: High

### Stage 11 - Section 5: Noceda - Toreno

Journey: Lineal  
Length: 18.5 km.  
Difficulty of the route: High

### Stage 11 - Section 6: Robledo de las Traviesas - Pobladura de las Regueras

Journey: Lineal  
Length: 40.2 km.  
Difficulty of the route: High

### Stage 11 - Section 6: Robledo de las Traviesas - Toreno

Journey: Lineal  
Length: 13.6 km.  
Difficulty of the route: Medium

### Stage 11 - Section 7: Villar de las Traviesas - Pobladura de las Regueras

Journey: Lineal  
Length: 42.5 km.  
Difficulty of the route: Medium

### Stage 11 - Section 7: Villar de las Traviesas - Toreno

Journey: Lineal  
Length: 11.3 km.  
Difficulty of the route: Medium

### Stage 11 - Section 8: Valle del rio Velasco - Pobladura de las Regueras

Journey: Lineal  
Length: 49.8 km.  
Difficulty of the route: High

### Stage 11 - Section 8: Valle del rio Velasco - Toreno

Journey: Lineal  
Length: 4 km.  
Difficulty of the route: Low