

## Stage 5 - Section 1: Taranilla - Cistierna



Avoid carrying out this section in rainy seasons.

### Route Data

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**Origin of the route:** Taranilla

**Destination of the route:** Cistierna

**Journey:** Lineal

**Way:** By bike (308 h.)

**Length:** 30.3 km.

**Ascent slope:** 250

**Recommended:** Spring, Summer, Autumn, Winter

**Difficulty of the route:** Medium-High

**Road:** 38

**Forest Trail:** 62

### Address

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Taranilla (Valderrueda). 24887 León.