

## Stage 11 - Section 5: Noceda - Pobladura de las Regueras

<b>Journey:</b>	Linear
<b>Way:</b>	- By bike (3.75 h.)
<b>Length:</b>	35.3 kms.
<b>Ascent slope:</b>	315 m.
<b>Recommended:</b>	- spring - summer - autumn
<b>Difficulty of the route:</b>	High
<b>Route:</b>	From Noceda to Pobladura de las Regueras

Avoid carrying out this section in rainy seasons.

### ADDRESS AND MAP LOCATION

- **Postal address** Noceda (Noceda del Bierzo). NaN. León