

Omaña and Luna Valleys



The lands that make up this Biosphere Reserve boast an immense biological diversity, determined by the transition between two types of climate. Highlights include outstanding birch and juniper woods, as well as species of endangered fauna such as the brown bear and Cantabrian capercaillie.

This area offers an immense range of natural, cultural and ethnographic resources, turning this Reserve into a unique site with a host of attractions.

Declared

Statement date: 6/29/2005

Category: Biosphere Reserve

Area: 81,159 ha.

Location: Noroeste de la Provincia de León.

Population: 3.217 habitantes

Other protection: Parque Natural Valles de Babia y Luna Lugar de Importancia Comunitaria (LIC)(2). Zona de Especial Protección Aves (ZEPA).

Region / Province biogeographical: Eurosiberiana / Atlántica Europea

Municipalities in the province of León: Los Barrios de Luna, Murias de Paredes, Riello, Sena de Luna, Soto y Amío, Valdesamario

Route

MTB Route Riello-Villablino

Journey: Lineal

Length: 54 km.

Difficulty of the route: High

Robledales de la Lomba

Journey: Lineal

Length: 10 km.

Difficulty of the route: Low

Stage 10 - Section 1: Inicio - Pobladura de las Regueras

Journey: Lineal

Length: 31.2 km.

Difficulty of the route: High

Stage 10 - Section 1: Inicio - Riello

Journey: Lineal

Length: 3.4 km.

Difficulty of the route: Medium

Stage 10 - Section 2: Andarraso - Pobladura de las Regueras

Journey: Lineal

Length: 27.6 km.

Difficulty of the route: High

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Stage 10 - Section 2: Andarraso - Riello

Journey: Lineal

Length: 7 km.

Difficulty of the route: Medium

Stage 10 - Section 3: Murias de Ponjos - Pobladura de las Regueras

Journey: Lineal

Length: 17.6 km.

Difficulty of the route: Medium

Stage 10 - Section 3: Murias de Ponjos - Riello

Journey: Lineal

Length: 17 km.

Difficulty of the route: High

Stage 10: Riello - Pobladura de las Regueras

Journey: Lineal

Length: 34.6 km.

Difficulty of the route: High

Stage 8 - Section 6: Portilla de Luna - La Robla

Journey: Lineal

Length: 30.8 km.

Difficulty of the route: High

Stage 8 - Section 6: Portilla de Luna - Vega de Caballeros

Journey: Lineal

Length: 5.4 km.

Difficulty of the route: Low

Stage 9 - Section 1: La Urz - Riello

Journey: Lineal

Length: 6.2 km.

Difficulty of the route: Low

Stage 9 - Section 1: La Urz - Vega de Caballeros

Journey: Lineal

Length: 18 km.

Difficulty of the route: High

Stage 9: Vega de Caballeros - Riello

Journey: Lineal

Length: 24.2 km.

Difficulty of the route: High

Natural Space

Omaña and Luna Valleys



Valleys of Babia and Luna

Under the shadow of the rock faces of Peña Ubiña (2,417 metres) lies the rough mountainous landscape of the Valle de San Emiliano.

Situated in between the Leonese valleys of Babia and Luna, on the border with Asturias, this valley displays, along with classic elements of glacial erosion, the equally significant features of karstic relief. The vegetation includes beech groves, oaks and the remnants of the juniper woods of Mirantes de Luna - the westernmost on the Iberian peninsula. It highlights the intense traditional activity developed by the transhumance of merino sheep in this area, and the survival of different indigenous breeds such as Hispano-Breton horses and Leonese mastiffs.

Centro de Interpretación

Centro de Interpretación Reserva de la Biosfera Valles Omaña y Luna

Located in the Casona, Palace of the Counts of Luna (S.XVIII), in Murias de Paredes. During the 1960s it functioned as the Civil Guard House-Barracks, then being closed and disused until the Murias de Paredes City Council began negotiations with the Álvarez Carballo Foundation for its transfer in exchange for restoration, rehabilitation and commissioning. It is currently destined for the Interpretation and Reception Center for visitors to the Valles de Omaña and Luna Biosphere Reserve and for the cultural center of the territory, receiving numerous activities programmed by residents, municipalities and associations. It is also an exhibition space in which different artists and institutions collaborate. The interpretation center has an immersion space in which, through videos, touch screens, dioramas and other content, the Biosphere Reserve and the region are presented.

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