



Béjar and Francia mountain ranges

This Reserve lies in the Mediterranean region, but there are several areas with a clear Eurosiberian influence, lending a vast wealth of natural resources to the area, which is home to fascinating spots where both regions converge.

The superb conditions of these ranges, which boast an exceptional environmental and cultural heritage, make this Reserve a truly exceptional place. More than 450 km have been declared long distance trails (Senderos de Gran Recorrido), all clearly signposted and with explanatory panels providing an insight into their particular features and attractions. Each one focuses on a specific aspect of the Biosphere Reserve, addressing aspects such as the natural, cultural and historical resources that can be found there.

Declared

Statement date: 10/27/2006

Category: Biosphere Reserve

Area: 199,140 ha.

Location: Sureste de la provincia de Salamanca. C.A de Castilla y León.

Population: 42.278 habitantes.

Managers: ASAM (Asociación Salmantina de Agricultura de Montaña).

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Other protection: Parque Natural Batuecas-Sierra de Francia. Espacio Natural Quilamas y Espacio Natural Candelario.

Lugares de importancia comunitaria: (8). Zona de Especial Protección de Aves: (5). Reserva Nacional de Caza de las Batuecas.

Region / Province biogeographical: Mediterránea

Municipalities in the province of Salamanca: La Alberca, Alberquería de Herguijuela, Aldeacipreste, Aldeanueva de la Sierra, Aldeavieja de Tormes, Armenteros, La Bastida, Bercimuelle, Berrocal de Salvatierra, El Cabaco, La Cabeza de Béjar, Cabezuela de Salvatierra, La Calzada de Béjar, Campillo de Salvatierra, Candelario, Cantagallo, Casafranca, Las Casas del Conde, Cepeda, Cereceda de la Sierra, El Cerro, Cespedosa de Tormes, Cilleros de la Bastida, Colmenar de Montemayor, Cristóbal, Endrinal, Escorial de la Sierra, Frades de la Sierra, Fresnedoso, Fuenterroble de Salvatierra, Fuentes de Béjar, Gallegos de Solmirón, Garcibuey, Guijo de Ávila, Guijuelo, Herguijuela de la Sierra, Herguijuela del Campo, Horcajo de Montemayor, La Hoya, Lagunilla, Ladrada, Linares de Riofrío, Madroñal, El Maíllo, Miranda del Castañar, Mogarraz, Molinillo, Monforte de la Sierra, Monleón, Monsagro, Montemayor del Río, Nava de Béjar, Nava de Francia, Navacarros, Navalmoral de Béjar, Navamorales, Navarredonda de la Rinconada, Palacios de Salvatierra, Peromingo, Peñacaballera, Pinedas, Pizarra, Puebla de San Medel, Puente del Congosto, Puerto de Béjar, La Rinconada de la Sierra, Salvatierra de Tormes, San Esteban de la Sierra, San Martín del Castañar, San Miguel de Valero, San Miguel del Robledo, Sanchotello, Santibáñez de Béjar, Santibáñez de la Sierra, Los Santos, Sequeros, La Sierpe, Sorihuela, Sotoserrano, La Tala, Tamames, El Tejado, Tejeda y Segoyuela, El Tornadizo, Valdefuentes de Sangusín, Valdehijaderos, Valdelacasa, Valdelageve, Valero, Vallejera de Riofrío, Villanueva del Conde

Route

Accessible Pathway Valle de las Batuecas (PRSA-Senda accesible)

Journey: Lineal

Length: 1.5 km.

Difficulty of the route: Low

Asentadero - Forest of Mirrors

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Journey: Circular

Length: 9.2 km.

Difficulty of the route: Low

Camino de los Prodigios

Trayecto: Circular

Longitud: 10,2 km.

Dificultad de la ruta: Media

Cantagallo al rio Route

Journey: Lineal

Length: 7.4 km.

Cepeda-Herguijuela de la Sierra (PRSA-13)

Journey: Lineal

Length: 12.6 km.

Difficulty of the route: Low

Cycle touring path Las Cávenes

Length: 16.12 km.

Difficulty of the route: Medium-Low

Cycle touring path Río Alagón

Length: 16.5 km.

Difficulty of the route: Medium-Low

El Cabaco-Nava de Francia-El Casarito-Peña de Francia (PRSA-9)

Journey: Lineal

Length: 11 km.

Difficulty of the route: Medium-High

El Cabaco-Peña de Francia (PRSA-8)

Journey: Lineal

Length: 8.7 km.

Difficulty of the route: Medium

El Maillo-Peña de Francia (PRSA-7)

Journey: Lineal

Length: 7 km.

Difficulty of the route: Medium

Herguijuela de la Sierra-La Alberca (PRSA-14)

Journey: Lineal

Length: 8.1 km.

Difficulty of the route: Medium

Journey of the Sierra de Francia, by the Laguna de San Marcos (GR-10)

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Journey: Journey

Length: 1.5 km.

Difficulty of the route: Low

Journey of the Sierra de Francia, from La Alberca to the Peña de Francia (GR-10 (ETAPA 4))

Journey: Journey

Length: 8.7 km.

Difficulty of the route: Medium-High

Journey of the Sierra de Francia, from Miranda to Mogarraz (GR-10 (ETAPA 2))

Journey: Journey

Length: 5.6 km.

Difficulty of the route: Medium

Journey of the Sierra de Francia, from Mogarraz to La Alberca (GR-10 (ETAPA 3))

Journey: Journey

Length: 7.6 km.

Difficulty of the route: Medium

Journey of the Sierra de Francia, from Monsagro to the recreation area El Vao (GR-10 (ETAPA 5))

Journey: Journey

Length: 3.5 km.

Difficulty of the route: Medium

Journey of the Sierra de Francia, from Sotoserrano to Miranda (GR-10)

Journey: Journey

Length: 9.1 km.

Difficulty of the route: Medium-High

Journey of the Sierra de Francia, from the Peña de Francia to Monsagro (GR-10 (ETAPA 4))

Journey: Journey

Length: 12.5 km.

Difficulty of the route: Medium-High

La Alberca - Herguijuela

Journey: Journey

Length: 8.1 km.

La Alberca-Las Batuecas-Cabras Pintadas (PRSA-10)

Journey: Lineal

Length: 8 km.

Difficulty of the route: High

La Dehesa de Mogarraz (PRCSA-15)

Journey: Circular

Length: 4 km.

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Difficulty of the route: Low

Mogarraz-Cepeda (PRSA-12)

Journey: Lineal

Length: 4.8 km.

Difficulty of the route: Low

Monforte de la Sierra-Miranda del Castañar (PRSA-11)

Length: 6.3 km.

Difficulty of the route: Low

Mycological trail between Montemayor del Río and El Cerro

Journey: Circular

Length: 9.1 km.

Difficulty of the route: Medium

Pathway of the Castaños Centenarios Accessible Pathway (Ruta accesible (para personas con movilidad reducida))

Journey: Circular

Length: 1.6 km.

Difficulty of the route: Low

Route of the three rivers

Journey: Circular

Length: 8.4 km.

Difficulty of the route: Low

Ruta BTT Caminos Reales

Trayecto: Circular

Longitud: 15,3 km.

Dificultad de la ruta: Baja

Ruta BTT Entresiembras 1 o Ruta de Cabeza del Águila

Trayecto: Lineal

Longitud: 9,96 km.

Dificultad de la ruta: Media

Ruta BTT Entresiembras 2 o Ruta de los Viñedos de la Sierra de Francia

Trayecto: Circular

Longitud: 20,39 km.

Dificultad de la ruta: Alta

Ruta BTT Entresiembras 3 o Ruta Integral

Trayecto: Circular

Longitud: 57,74 km.

Dificultad de la ruta: Alta

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Ruta BTT Entresiembras 4 o Ruta Santibañez de la Sierra

Trayecto: Circular

Longitud: 6,16 km.

Dificultad de la ruta: Media

Ruta BTT Entresiembras 5 o Ruta de Valdefuentes de Sangusín

Trayecto: Circular

Longitud: 12,28 km.

Dificultad de la ruta: Media

Ruta BTT Entresiembras 6 o Ruta de Fuenterroble de Salvatierra

Trayecto: Circular

Longitud: 6,56 km.

Dificultad de la ruta: Baja

Ruta BTT Entresiembras 7 o Ruta de los Santos

Trayecto: Circular

Longitud: 9,43 km.

Dificultad de la ruta: Media

Ruta BTT Entresiembras 8 o Ruta de los dos Valles

Trayecto: Circular

Longitud: 31,96 km.

Dificultad de la ruta: Alta

Ruta BTT Entresiembras 9 o Ruta Fuenterroble - Los Santos

Trayecto: Circular

Longitud: 27,83 km.

Dificultad de la ruta: Alta

Ruta BTT La Buitrera

Trayecto: Circular

Longitud: 38 km.

Dificultad de la ruta: Media-Alta

Ruta BTT Teta de Gilbuena

Trayecto: Circular

Longitud: 21,6 km.

Dificultad de la ruta: Media

Ruta BTT de La Plata

Trayecto: Circular

Longitud: 39,58 km.

Dificultad de la ruta: Media

Ruta de las Huellas Fósiles en Monsagro

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Journey: Circular

Length: 1.5 km.

Difficulty of the route: Low

SA1 - Camino de las Raíces (Caminos de Arte en la Naturaleza) (SA1)

Trayecto: Circular

Longitud: 8 km.

Dificultad de la ruta: Baja

SA3 - Monforte de la Sierra - Miranda del Castañar (SA3)

Trayecto: Lineal

Longitud: 6,8 km.

Dificultad de la ruta: Baja

SA4 - Senda Accesible "Valle de Batuecas" (SA4)

Trayecto: Lineal

Longitud: 1,5 km.

Dificultad de la ruta: Baja

SA5 - Senda de los Castaños Centenarios "Ruta Accesible" (SA5)

Trayecto: Circular

Longitud: 1,6 km.

Dificultad de la ruta: Baja

The Way of Los Trasiegos

Journey: Lineal

Length: 3.5 km.

Difficulty of the route: Medium

The path of the Honfría

Journey: Circular

Length: 7 km.

Difficulty of the route: Low

The route of Los Lagares Rupestres

Journey: Circular

Length: 13 km.

Difficulty of the route: Medium

Trail of the viewpoints of the mountains

Journey: Circular

Length: 4.8 km.

Difficulty of the route: Low

Water Way

Journey: Circular

Length: 6 km.

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Difficulty of the route: Low

Way Cepeda-Monforte de la Sierra (PRSA-19)

Journey: Lineal

Length: 4.8 km.

Difficulty of the route: Medium-Low

Way Herguijuela - Fuente Mundo (PRSA-18)

Journey: Lineal

Length: 2 km.

Difficulty of the route: Low

Way circular de Madroñal (PRSA-20)

Journey: Circular

Length: 5 km.

Difficulty of the route: Low

Way of las raices

Journey: Circular

Length: 8 km.

Difficulty of the route: Low

Way of los Rodales (PRCSA-16)

Journey: Circular

Length: 6.5 km.

Difficulty of the route: Low

Way of the Peñasco (PRCSA-17)

Journey: Circular

Length: 2 km.

Difficulty of the route: Low

Natural Espace

Las Batuecas - Sierra de Francia

According to the dictionary of the Real Academia de la Lengua, to "be in Las Batuecas" is to be distracted and oblivious to something: meaning, to be engrossed and fascinated. Feelings of this kind are still felt today by the people who visit this secret valley, protected by escarped mountains and containing a beautiful Mediterranean-type forest.

Add to this the valuable cave paintings from the Neolithic era that can be found in the valleys caves and shelters, the high cultural value of the legends of Las Batuecas and the ethnographic and architectural collection of the village of La Alberca, and we find a space without comparison in all of Castilla y León. In the deepest part of the valley is the Carmelite convent of San José. The convent entrance is the starting point of another trail on foot which takes us to the Cascada del Chorro (waterfall) and also enables us to enjoy the scenic beauty of Las Batuecas.

Find out more

Other sites

<http://turismosierradefrancia.es/reserva-de-la-biosfera.html>