

CASTILLA

Y

UN VIAJE QUE MEREZCA LA PENA

TOURIST NEWSLETTER

JULY 2025

LEÓN



THE ESPEJA VIA FERRATA, SAN MARCELINO, SORIA



In a transitional territory between the extensive pine forests of northern Soria and the fertile plain of the Duero, a land of suggestive shapes full of surprises extends.

In one of its corners, where the Romans already exploited the marble quarries, sits the cozy village of Espeja de San Marcelino and in its surroundings the ground cracks to give way to a fairy-tale setting, a rocky fracture through which runs the via ferrata of the San Marcelino Mirror Walkway, the first in the province of Soria and one of the pioneers in Castile and León.

Between vertical walls of whimsical shapes, the gorge opens its way in which all the security elements necessary for the experience have been installed, testing the physical form and awakening curiosity to enjoy a genuine corner, without forgetting the delights of observing the rich fauna that inhabits it until you reach the Nepalese bridge that gives access to the Torca gorge.

The finishing touch to this unique activity can be found in surrounding places impregnated with a very special beauty such as the Río Lobos canyon, the Hoz de Horillares or the Torca de Fuencaiente, whose depth remains an enigma.



TOURIST PROPOSALS

Museo etnológico el lavadero, Navalperal de Pinares, Ávila (cedida Museo etnológico el lavadero)



ETHNOLOGICAL MUSEUM “EL LAVADERO”, NAVALPERAL DE PINARES, ÁVILA

The Ethnological Museum “El Lavadero” is dedicated to collecting, conserving, researching, exhibiting and interpreting, through its objects, the popular culture of the region in our most recent history. Its collections mainly date from the 19th and the first half of the 20th centuries, though some pieces originate from the 18th century. The museum is organised into four main thematic areas, according to function: Trades, Home, Life Cycle, and Festive Cycle. In the Festive Cycle section, visitors can see a variety of traditional instruments and costumes that evoke the region’s typical dance, the jota, known locally as the “three-person dance”. It is located in a beautiful garden setting, with various objects displayed outdoors, ranging from ox carts to carob mills. The former caretaker’s house now serves as a space for temporary exhibitions, mainly of painting and photography. The main museum building was inaugurated in 1930 as a public washhouse, which remained in use until well into the 1990s. It has been adapted as an exhibition space while preserving its original character: visitors can still see the 32 basins, the chimney used to heat the water, and the exposed wooden beams, which reveal the original charm of the building.



Villarcayo, Burgos



FIESTA DE LA GUINDA, VILLARCAYO, BURGOS

Each year in mid-July, the town of Villarcayo, one of the principal settlements in the Merindades region of Burgos, celebrates the arrival of summer with the Fiesta de la Guinda which was recently declared a Festival of Tourist Interest in Castilla y León. Held on the 17th and 18th of July, the festival draws thousands of visitors to enjoy a range of activities, the highlight of which is the tasting of the cherry liqueur that gives the festival its name. The event began in the 1950s, when local innkeepers Anacleto and Venancia began offering their famous liqueur in the bar El Francés, located on Santa Marina Square. Several local establishments offer tastings of their own artisanal liqueurs, and take part in the Cherry Liqueur Competition organised by the Peña La Gotera, which awards prizes each year to the best entries. On the evening of the 17th (the eve of Saint Marina’s Day), the festival proclamation is read outside the Town Hall, followed by a lively open-air dance in Santa Marina Square. The following day features a mass, procession, and floral offering in honour of Saint Marina.



RESERVOIRS IN THE PROVINCE OF LEÓN

The reservoirs of León are far more than mere water storage facilities, they are places of outstanding natural beauty, adventure, and tranquillity. Whether for watersports, a scenic picnic, or simply to disconnect, they offer a unique experience in a privileged setting. Among the most notable is the Riaño Reservoir in the north-west of the province, where visitors can enjoy fishing, kayaking, and boat trips. The Barrios de Luna Reservoir, surrounded by lush evergreen and deciduous forests and scrubland, features walking trails and viewpoints offering stunning views of the reservoir and the Leonese landscape. Also significant is the Porma Reservoir (also known as the Vegamián Reservoir), which plays a key role in regulating León's rivers and preventing flooding. Other important reservoirs include the Villameca Reservoir, which is fed by both the Tuerto and Valdesamario rivers, the Bárcena Reservoir on the River Sil, the Santa María del Condado Reservoir, the Villagatón Reservoir, and the Selga de Ordás Reservoir.



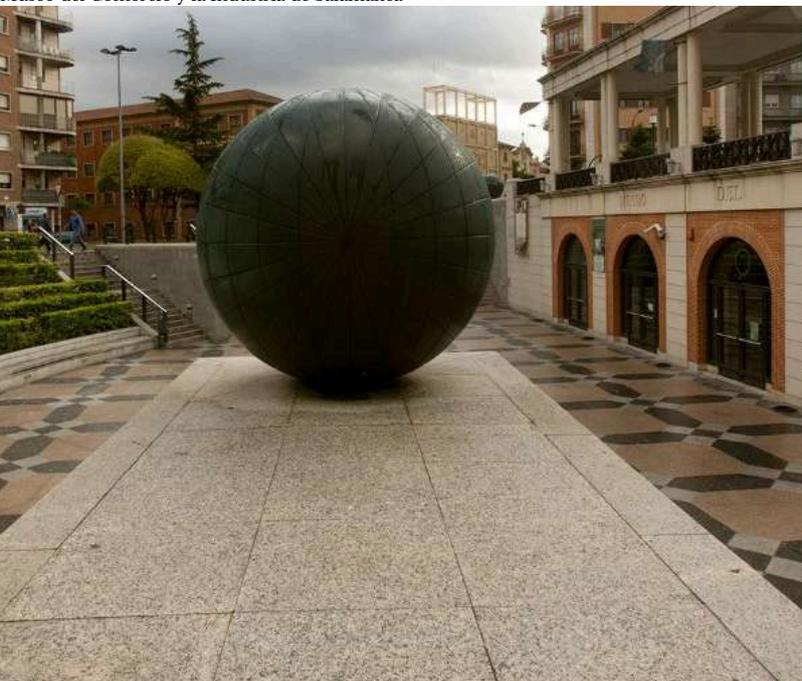
Museo de los Cuentos y la Ciencia con su autora Rosana Largo. Y la Cenicienta



MUSEUM OF TALES AND SCIENCE ROSANA LARGO. PALENCIA

A place where the magic of fairytales meets the wonder of science. A unique space, born of the talent and imagination of artist Rosana Largo, who has brought to life an extraordinary museum in Paredes de Nava, a hidden treasure in the heart of Palencia. In the Museum of Tales and Science, every piece is handmade, crafted with the care and skill of someone who knows the secrets hidden in timeless stories. Because what is a fairytale without a spark of science? Is Aladdin's lamp not a metaphor for energy and light? This museum is more than an exhibition; it is a journey that invites children and adults alike to touch, to discover, and to marvel at the connections between fantasy and knowledge. Paredes de Nava, birthplace of notable figures such as Pedro Berruguete and Jorge Manrique, invites visitors to stroll through its historic streets lined with grand manor houses and churches filled with artistic treasures. The vast Castilian plains, known as Tierra de Campos, stretch out to the horizon like living poetry.





MUSEUM OF TRADE AND INDUSTRY, SALAMANCA

The Museum of Trade and Industry was established to recover and preserve the memory of Salamanca's economic, industrial and commercial activities. It is housed in underground cisterns built in the late 19th century to supply the city with water. These solid brick pillars and vaulted ceilings have been carefully restored to host two exhibition areas: one dedicated to the general history and distinctive features of commerce in Salamanca, and another entitled The Sounds of the Past, showcasing 400 antique radios donated by Agustín de Castro and displayed chronologically to highlight their technical and aesthetic evolution. Both exhibitions use interactive formats, offering numerous educational opportunities.



Monasterio del Parral, Segovia



MONASTERY OF SANTA MARÍA DEL PARRAL, SEGOVIA

The last remaining Hieronymite monastery in Spain stands in the Alameda del Parral, beside the River Eresma. It was founded by Henry IV, though legend attributes its founding to Juan Pacheco, Marquess of Villena, in gratitude to the Virgin Mary for surviving a duel. During the Mendizábal confiscations, the monastery was looted and nearly demolished, but in 1914 it was declared a Spanish National Monument. The Hieronymite monks returned in the 1920s and still reside there today. It is an unmistakable site, easily visible from beyond the city walls, especially from the Alcázar. Built in the Gothic style, with contributions from architects such as Juan Guas, it is a gem not to be missed when visiting Segovia. Inside are several cloisters and the church, which houses the alabaster tombs of the Marquesses of Villena and a magnificent main altarpiece in polychrome and gilded wood. The exterior is also noteworthy for its richly decorated Plateresque façade. If you visit on a Sunday, you may attend Mass sung in Gregorian chant.





YANGUAS CASTLE, SORIA

At the top of the town of Yanguas, and integrated into the village itself, the Counts of Aguilar built a castle in the 14th century after the town was granted to them by King Henry II of Castile. The castle remained inhabited until 1600 and was declared a Site of Cultural Interest in 1949. It is a castle-palace built using tapial (rammed earth) construction of Muslim origin, a framework of stone, mortar and lime. Its layout is quadrangular, with four flanking towers and a fully crenellated perimeter. The complex is surrounded by a lower outer wall, also of tapial, which once joined the town's defensive wall, of which two gates remain. The castle was largely destroyed by Napoleonic troops during the siege of Yanguas in the Peninsular War, but has since been restored. but has since been restored. In summer, the courtyard hosts cultural events such as theatre, concerts, and poetry recitals. The Keep houses an exhibition featuring explanatory texts and reproductions of medieval documents from the town's historical archive.



TIEDRA: A JOURNEY INTO THE PAST, VALLADOLID

The village of Tiedra, of Vaccean origin, was known as Amallóbriga in Roman times and flourished again as a medieval town in the 11th century. Its most iconic building is undoubtedly the Castle (12th–14th century), from whose Keep one can enjoy sweeping views of the valley. The streets of the village reflect its past splendour, with grand bourgeois homes and examples of traditional architecture. The Plaza Mayor is particularly notable, as are religious sites such as the Church of El Salvador and the Hermitage of Nuestra Señora de Tiedra la Vieja. One of its greatest attractions are the lavender fields, which have put Tiedra on the tourist map, especially in July, when they bloom and transform the landscape with shades of purple. The Interpretation Centre offers a sensory experience focused on the different varieties, cultivation, and aromas of lavender. Also worth noting is the Astronomical Centre, which takes advantage of the low light pollution to promote stargazing. It features a planetarium and other facilities unique in the province of Valladolid. Tiedra is an ideal destination for those seeking culture, nature, and tranquillity: a place where time seems to stand still and history comes to life.





PARAMOTORING, ZAMORA

In the golden hours of a summer evening, as the sun begins to set and the heat subsides, there is a wonderful experience to be had in Zamora: paramotoring with a qualified instructor. In Zamora, you can enjoy tandem flights in a paramotor trike - a lightweight three-wheeled vehicle that combines the freedom of paragliding with additional comfort and stability. This setup allows for smooth and safe take-offs and landings, while offering breathtaking aerial views. You can soar above reservoirs, glimpse the Sierra de la Culebra, the Arribes del Duero, or the Sanabria region from the sky. Seeing Zamora from above offers a unique perspective. All you have to do is relax, enjoy the ride, and let the adrenaline flow. Prepare to fly, feel the thrill, and create unforgettable memories as you discover the beauty of the skies from a whole new angle.



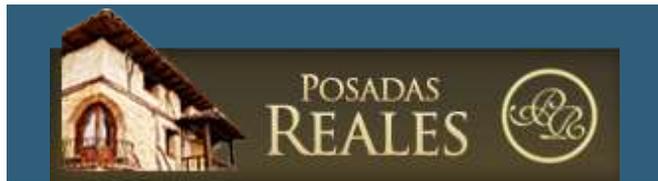
**REMEMBER, IN CASTILLA
Y LEÓN, YOU'LL FIND
EVERYTHING AND
MORE...
WE CAN'T WAIT TO SEE
YOU!!!**



LAS POSADAS REALES PROPOSALS



Posada Real El Sendero del Agua, Trefacio, Zamora



For a fully immersive experience involving the nature and authenticity of Castilla y León, we recommend Las Posadas Reales, our high-quality rural tourism brand! Not only will you stay in singular buildings, but excellent accommodations and service are guaranteed! They are the perfect place to stay for an unforgettable experience, immersing yourself in all the activities, heritage and nature of Castilla y León.



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www.lasmayas.es

informacion@lasmayas.es

- **POSADA REAL LA SINAGOGA**

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info@lasinagoga.com

LEÓN

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info@elconventodemave.com

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info@quintadelaconcepcion.es

- **POSADA REAL CASTILLO DEL BUEN AMOR**

www.buenamor.net
castillo@buenamor.net

- **HOTEL RURAL RURAL MUSICAL**

www.ruralmusical.es
ruralmusical@gmail.com

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info@lobones.com

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RUTAS DEL VINO PROPOSALS



Nature is certainly one of the biggest attractions of Las Rutas del Vino de Castilla y León. Hundred year-old vineyards are surrounded by fairytale scenery where flora and fauna coexist in perfect harmony, creating a magical horizon full of contrasts.

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info@rutadelvinoarlanza.com

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<https://www.rutadelvinoarribes.com/>

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Wines with their own personality, Nature, Medieval architecture, Major towns, Way of Saint James. We have plans for you!!!!

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<https://rutavinozamora.com/>

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INCOMING TOUR OPERATORS PROPOSALS

In this newsletter, we would also like to share the proposals of some incoming tour operators in Castilla y León that organise different activities based on their thorough knowledge of the area and extensive experience.

- **PILGRIMS' ROUTE TO SANTIAGO OPTIONS**

Specialised in the Pilgrims' Route to Santiago.
www.rutasdelcaminodesantiago.com/historia-del-camino
miguelangel@rutasdelcaminodesantiago.com

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www.destino-divino.com/experiencias-en-familia/
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- **TOP RIBERA DEL DUERO**

Receptive tour operator in Ribera del Duero: tourism packs, accommodations, wineries, restaurants, recreational options...
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info@topriberadelduero.com

- **VITORSALAMANCA**

Discover the province of Salamanca through half-day or full-day experiences.
www.vitorsalamanca.com
info@vitorsalamanca.com

- **RESERVASLEON.COM**

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reservas@reservasleon.com

- **VERONIA TOURS SL**

Customized special interest tours: cultural, pilgrimages, choir, wine and gourmet...
<https://www.veroniatours.com/tours>
veroniatours@veroniatours.com

- **ALACARTA WINE & GOURMET TOURS**

Specialised in exclusive trips and experiences focused on wine and cuisine.
www.alacarta.es
info@alacarta.es

- **BINATUR**

Summer in Bierzo with children. Holidays with kids.
<https://binatur.es/vacaciones-con-ninos-en-el-bierzo/reservas@binatur.es>

- **LA MIRADA CIRCULAR**

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- **MUNDICAMINO**

Receptive tour operator for all pilgrimage routes on the Iberian Peninsula.
www.mundicamino.com
travel@mundicamino.com

- **WELLBEDS**

Reservation portal specialized in health and well-being.
www.wellbeds.es
info@wellbeds.es

- **THEWAYTOURS**

Circular tour of the Picos de Europa.
<https://www.thewaytours.com/packages/circular-tour-picos-de-europa-2/>
info@thewaytours.com

- **NATURALISTE**

Trips and tours to Arribes del Duero, Sierra de la Culebra, Sanabria, Sierra de Francia...
<https://naturaliste.es/>
info@naturaliste.es

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Cultural getaways for adults focused on Palencia's Romanesque jewels.
www.culturviajes.org/escapadas
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